

1 STROLL

along the quays

During a stroll around the port we marvel at the comings and goings of the boats, at the fishermen who return with their nets and pots filled with fish.

So why not be tempted by fresh fish?

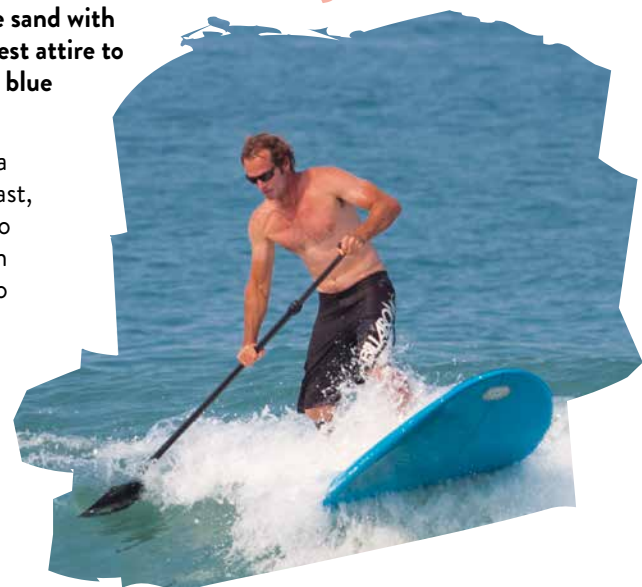


2 ENJOY the sea & DISCOVER nautical activities

The choice is vast and the 6 km of beach invites us to explore, firstly on the sand with all the clubs decked out in their best attire to welcome us. Then the sea, the big blue in front of us.

We can opt for a zen version with a catamaran trip along the rocky coast, or go further to have the chance to admire the dolphins, or even try an electric boat or the port navette to visit the Capellan marinas.

We can also choose a more sporting option with diving, paddle board, jet ski or kite surfing once the breeze rises.



3 EXPERIENCE

Catalan culture

Here Catalan culture is omnipresent, the Catalan boats in multicolours on the quays of the port attract our attention.

We can regularly see them sail, experience the unloading of the fish or participate in pulling in the nets on Plage de l'Art before enjoying a delicious sardinade with our feet in the sand.

At nightfall, the coblas will make you skip with joy around a sardana «as we dance hand in hand in the land of the Tramontane».

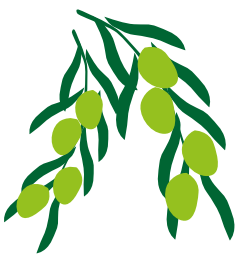


4 SAVOUR

Mediterranean Specialties

When the sun goes down, the time has come to discover the sun kissed cuisine, generous in taste and flavour and why not treat yourself to a delicious parillada with a good local wine.

For a dinner aperitif or a full meal, the unmissable tapas such as escalivade or pan con tomate tingle our taste buds.



FOR MORE INFO.

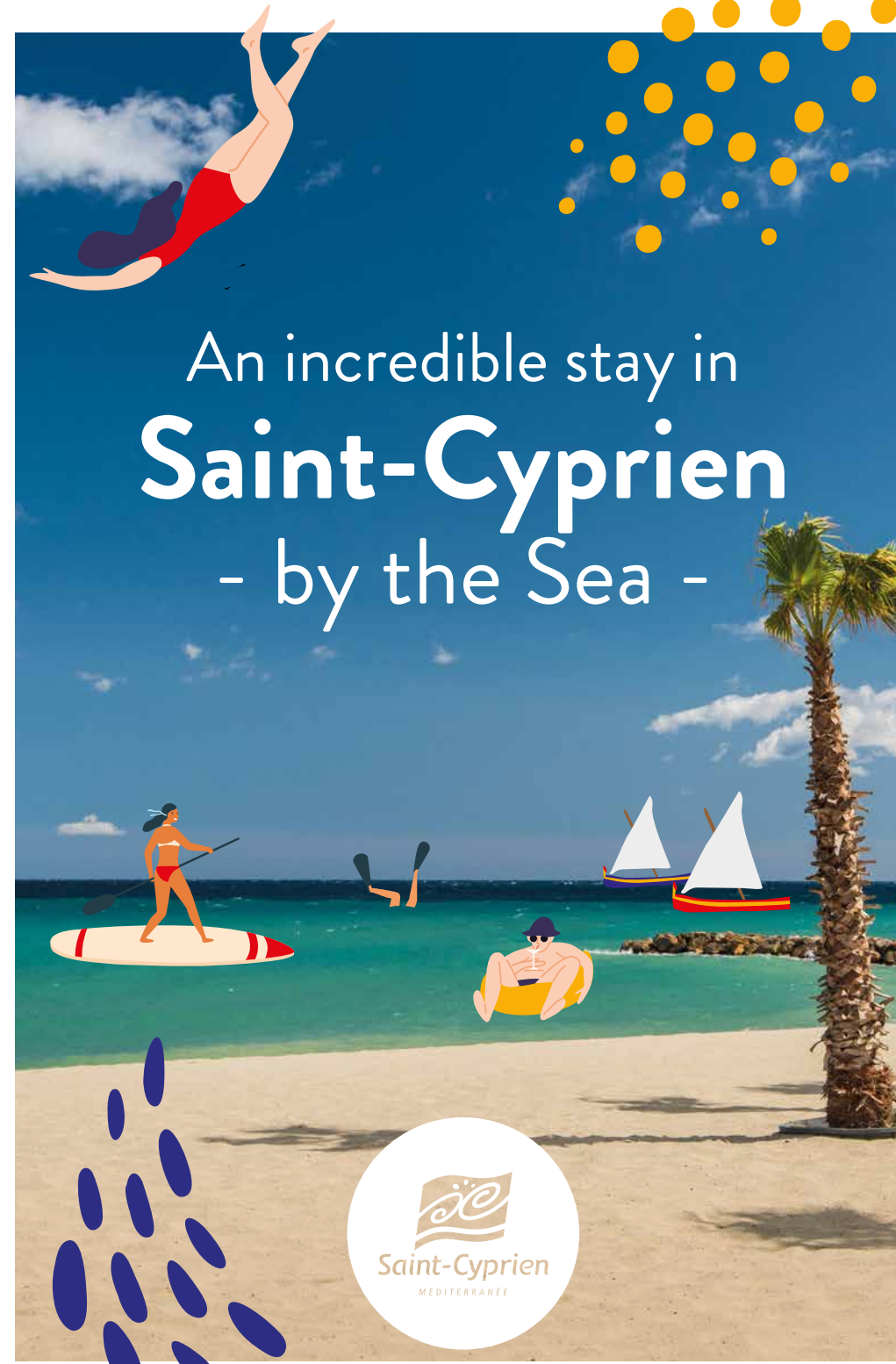
SAINT-CYPRIEN TOURIST OFFICE

Quai Arthur Rimbaud - 66750 Saint-Cyprien FRANCE

Tel. +33 (0)4 68 21 01 33 - www.tourisme-saint-cyprien.com

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Saint-Cyprien
- by the Sea -



5 BREATHE

in the Jardin des Plantes

A real haven of peace is available to us, a place like no other, here nature is luxuriant and we can walk and recharge our batteries as we please.

What will be our favourite place? Sitting on a bench near the lake to admire the Koï carp and the peacocks? At the foot of a majestic coconut palm from Chile? Lying in the meadow surrounded by the rose garden? In the shade of the bamboo grove?

The choice is vast and the location is simply magical.



6 ESCAPE

to the village and the Art Collection

Lose yourself in the little alleys where the stone cayrou walls of the old buildings tell us the story of a past time.

Visit the Romanesque church in the heart of the village, the first traces of which date back to 928... and also discover the current exhibition at the "Collections de Saint-Cyprien", constituted firstly by the legacy of François Desnoyer: the depth of the collection is exceptional and we can enjoy a pleasant guided tour.



7 WORK OUT

at the Capellans sports complex

A true sports paradise with 20 tennis and three padel courts, squash, fitness and bodybuilding rooms, swimming pool and tennis school...

Nestled in a verdant paradise close to the beach, the four hectares house pleasant areas, a bar and magnificent terraces invite us to relax after a good sports session.



8 WALKING

in Parc de la Prade

The ideal place for a family stroll, a multi-use path to take by bike, scooter, rollerbladers or on foot, benches to sit in front of the lakes where swans and ducks wade in a preserved ornithological area.

We can also enjoy a refreshing drink at the kiosk not far from the children's playground or opt for the sports route among the flourishing nature...

There are many possibilities in this unmissable place located between the beach and the village.



FOR MORE INFO.

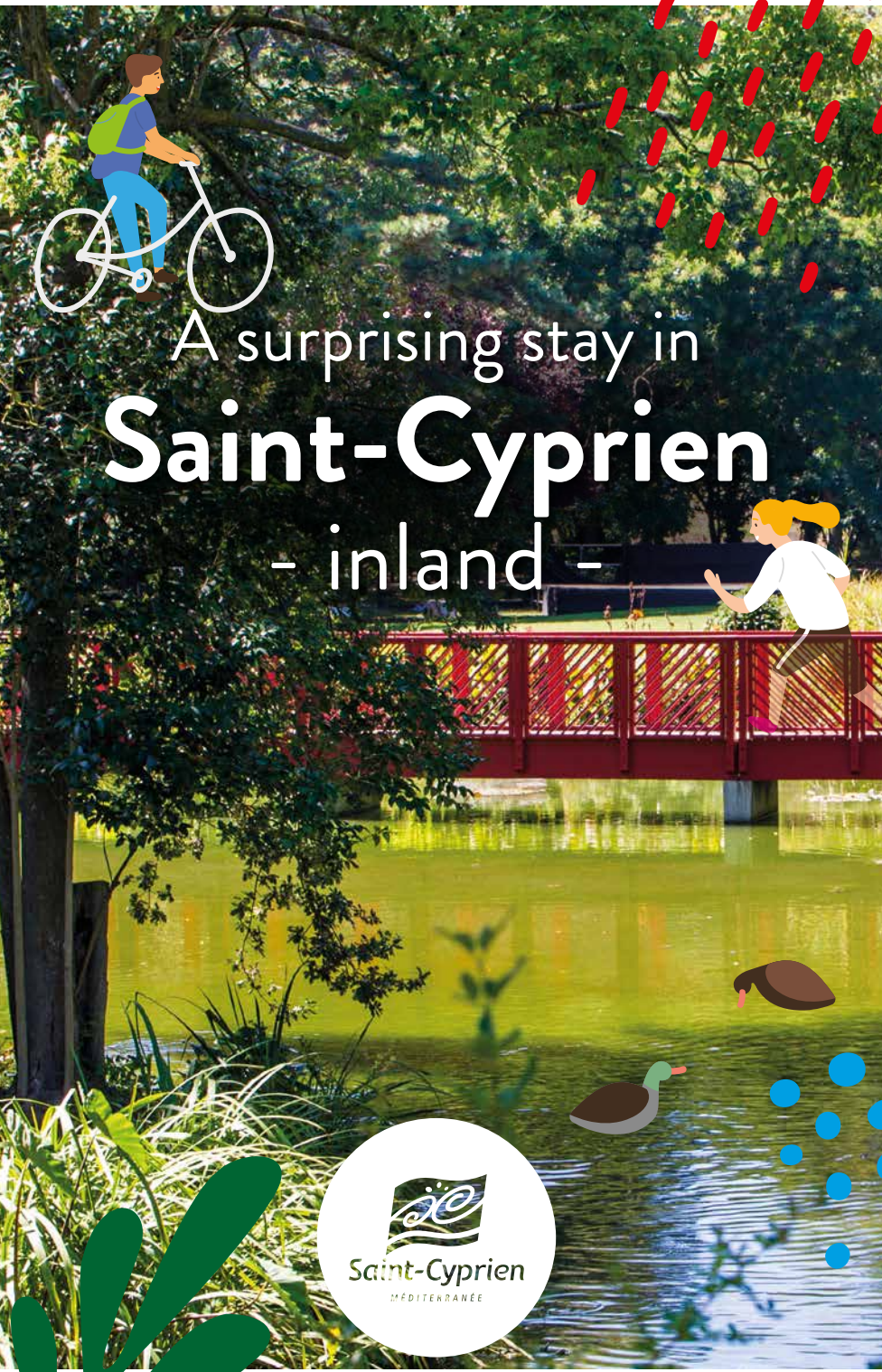
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