Our town Your experience

Practical guide

Unsere Stadt Ihr Erlebnis - Praktischer Infoguide Nuestra ciudad Tus experiencias - Guía práctica





Welcome to Saint-Cyprien!

Nestled between sea and nature, Saint-Cyprien is an exceptional resort where life is good all year round. Both authentic and modern, peaceful and vibrant, it charms with its long golden sandy beaches, its vast green spaces and its magnificent botanical garden, the only one of its kind within the department - awarded the 'Remarkable Garden' label.

Here, we cultivate a gentle way of life every day. Our town promotes soft mobility and invites you both to relax or practise sport thanks to its high-quality facilities. It's also a land of culture and festivities, packed full of exceptional events all year round.

Whether you're looking for serenity, escape or energy, Saint-Cyprien offers you a privileged, unspoilt and environmentally friendly setting in which everything has been designed for your well-being.

This guide reveals the resort's treasures and the passionate men and women who make it shine.

Exploring Saint-Cyprien

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Tourist office opening times

January, February, March, end of September, October, November, December: open Monday to Saturday 9.00 am to midday and 2.00 pm to 6.00 pm, closed Tuesday afternoon in November, December and January

April, May, June, start of September:

open Monday to Friday 9.00 am to midday and 2.00 pm to 6.00 pm.

July & August: open Monday to Sunday 9.30 am to 12.30 pm and 3.00 pm to 7.00 pm

Closed: 1 January, 1 and 11 November, 24, 25 and 31 December











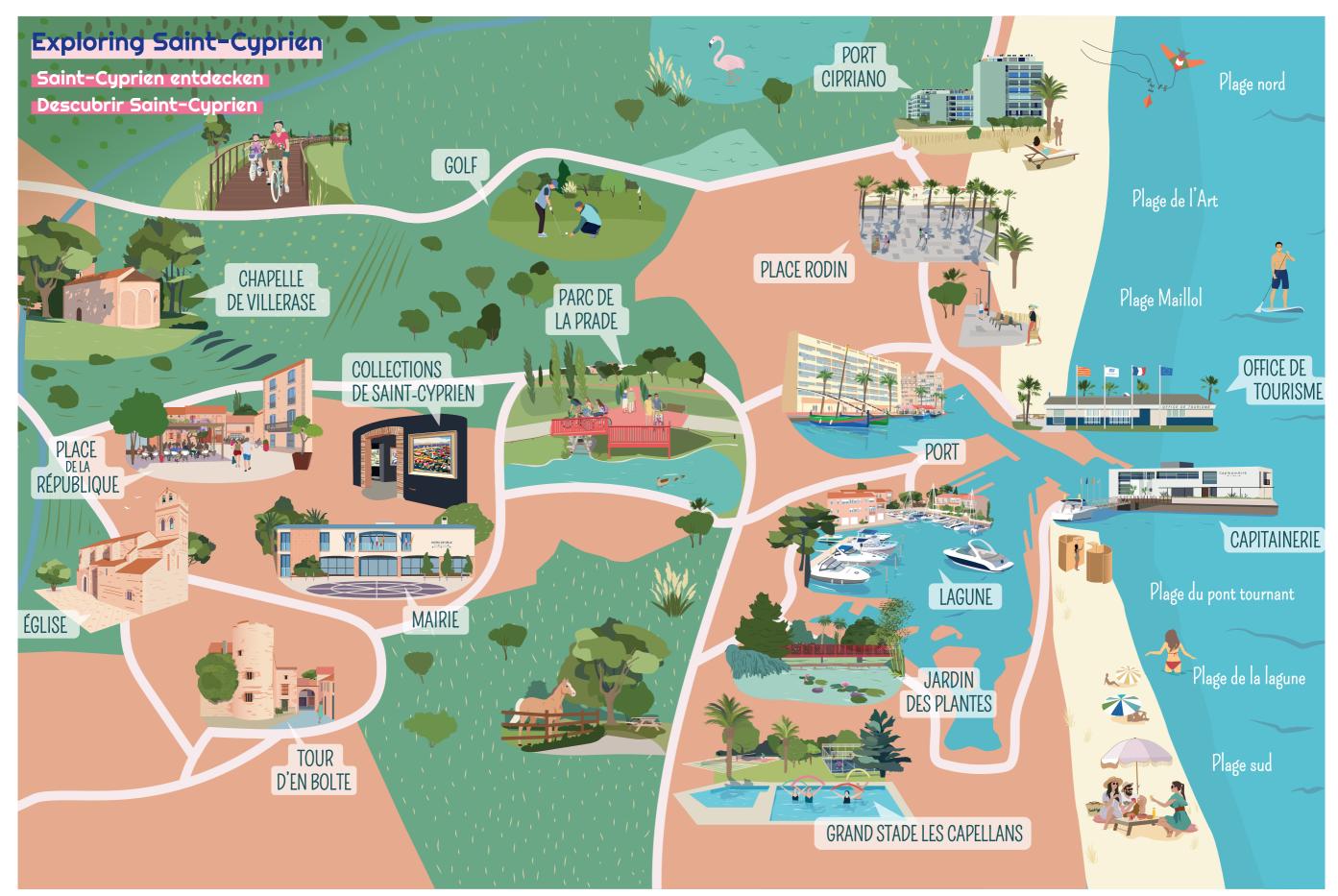








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Our unmissables



PORT AND NAUTICAL (ACTIVITIES

The port of Saint-Cyprien, an exceptional place to relax and get away from it all. Sheltered from the prevailing winds by its two jetties, the port of Saint-Cyprien is a veritable showcase for sailing enthusiasts. With a state-of-the-art harbour master's office to welcome boats and keep traffic flowing, it offers 1,900 moorings suitable for all types of craft - from majestic 40-metre yachts to small 4-metre boats. With its two basins, brand new pontoons and 5,000 m² technical area, this exceptional harbour combines performance with respect for the environment. For years, it has held the prestigious 'Blue Flag' certification, and stands out for its eco-responsible commitments. Around the harbour, a lively and friendly atmosphere awaits you, with a variety of water-sports activities, modern facilities and quality services marking daily life. From a seaside stroll at the gateway to the Catalan countryside, to a gourmet stopover in which to savour the local cuisine under the sun, every moment here is an invitation to pleasure. Whether you're looking for a haven of relaxation or a dynamic holiday, the port of Saint-Cyprien promises a unique experience, lulled by the gentle lapping of the waves and the magic of the Mediterranean.

Harbour Master's Office

Quai de Pêche Professionnelle +33 (0)4 68 21 07 98 contact@port-st-cyprien.com www.port-st-cyprien.com



SANDY BEACHES

Between authenticity and modernity, tranquillity and excitement, Saint-Cyprien enchants with its perfect balance. Its 6 kilometres of beaches alternate between lively spots, close to busy areas, and wilder expanses, ideal for getting away from it all. Bordered by vast green spaces, including a magnificent shady pine forest, they offer an exceptional natural setting. On one side, the Albera Massif and its watchtowers stand guard over the horizon, while on the other, the majestic Canigó dominates the landscape. Whether you prefer idle relaxation or dynamic activities, with family or friends, these beaches invite you to relax and soak up the energy of the great outdoors, in a breathtaking



THE LAGOON

Set in the heart of a protected natural area, the Les Capellans lagoon is one of the wildest beaches in Saint-Cyprien. Here, the wind and the sea help maintain the fragile balance of the dune ridge, providing a precious refuge for preserved flora and fauna. Protected by wooden fences that hold back the sand and shape the landscape, this authentic beach is criss-crossed by some magnificent paths, inviting you to discover and contemplate. A haven of peace where nature reigns supreme.



THE LES CAPELLANS BOTANICAL GARDEN



This exceptional place captivates through its beauty and its peaceful atmosphere in equal measures. A charming little shop also offers a refined selection of articles and products inspired by the world of gardening.

Please note: For safety reasons, the Botanical Garden will be closed in the event of strong winds (in excess of 80 km/h). Bicycles, scooters, skateboards, ball games and animals are not permitted.

Open Tuesday to Sunday:

- November to March, 13:30 to 17:00
- April, May, September and October from 13:30 to 18:00
- June, July, August from 13:30 to 19:30

Rue Verdi, Mas des Capellans (to the right of Grand Stade Les Capellans) +33 (0)7 60 14 74 26





LA PRADE PARK

Between beach and village, under the majestic gaze of the Canigó, the La Prade Nature Park is a veritable haven of greenery. Ideal for relaxation and leisure activities, it offers an immersion in the heart of nature, punctuated by birdsong and the wind whispering through the leaves. Its three bodies of water, lined with lush vegetation, are home to a variety of wildlife: swans, mallards and teal roam freely under the gaze of walkers. Shady paths and green spaces make for an ideal setting to get away from it all. Designed with everyone in mind, the park also offers freely accessible sports courts, a fitness trail suitable for all abilities and a secure play area for children aged 2 to 8. All year round, it comes alive with concerts, shows and fun activities such as orienteering races. You'll also find a snack kiosk for a delicious break in the heart of nature. To maintain the site's peaceful atmosphere, dogs must be kept on a lead. La Prade is an invitation to discover, to play and to contemplate, where everyone can enjoy a moment of escape in the heart of a preserved environment.

Please note: dogs only permitted on a lead.

Open every day, 24 hours a day

Avenue Maréchal Leclerc
+33 (0)4 68 21 01 33



GRAND STADE LES CAPELLANS

Just a few minutes from the beach and port of Saint-Cyprien, the Grand Stade Les Capellans stretches over a lush, four-hectare site, bordering the magnificent Les Capellans Botanical Garden. This unique setting offers a wide choice of sporting and leisure activities, available by the session or by subscription. Fans of tennis, padel and squash will find quality facilities here, while fitness enthusiasts can enjoy a dedicated area. A swimming pool and wellness area complete the offer for a moment of relaxation and recuperation. After your workout, come and enjoy the catering area. All year round, the complex organises sports courses in a range of disciplines, particularly during the school holidays, allowing everyone - from children to adults, beginners and advanced alike to practise at their own pace. Whether you want to train, keep fit or simply enjoy the sport, Grand Stade Les Capellans is for everyone.

Open all year round

- 1 September to 30 June: Monday to Friday, 08:00 to 21:00; Saturday, 08:00 to 19:00; Sunday and public holidays, 08:30 to 19:00
- In July and August: every day from 08:00 to 21:00

Rue Verdi +33 (0)4 68 37 32 00 contact@sportgrandstade.fr www.grandstade.fr



THE SAINT-CYPRIEN COLLECTIONS

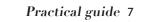


Bookings for workshops, exhibitions and events can be made online at:

www.tourisme-saint-cyprien.com/ reservez-vos-activites-en-ligne

Open Tuesday to Sunday from 14:00 to 18:00 (in July, August from 15:00 to 19:00)

4, rue Émile Zola +33 (0)4 68 21 06 96 collectionsdesaint-cyprien.com



THE PROSPER MÉRIMÉE **MULTIMEDIA LIBRARY**

Located in the heart of Saint-Cyprien, the Prosper Mérimée multimedia library is a real place of culture, exchange and knowledge. This site holds a vast collection of documents: 19,000 books, 2,800 periodicals, 100 newspapers, as well as almost 4,000 CDs and 650 DVDs, to borrow or consult on site (excluding CDs and DVDs, which are only available on loan). Throughout the year, the multimedia library offers a varied programme of events, including art and themed exhibitions, book clubs and writing workshops, along with special activities for children during the school holidays (excluding August and the festive period). This cultural offering is rounded off with a monthly lecture. This truly is the place to go for information, entertainment and to share your love of reading and knowledge.

Open Tuesday to Friday, 09:00 to 12:00 and 14:00 to 18:00, and the 1st and 3rd Saturdays of the month, 09:00 to 12:00

1, rue François Arago +33 (0)4 68 37 32 70



THE BEACH LIBRARY

Every summer from 1 July, a beach library opens its doors on the sands of Port-Cipriano. This temporary facility is a friendly, accessible place for summer visitors to enjoy a spot of reading by the sea. A wide range of books is on offer, including novels, children's comics and books on the marine ecosystem, so that everyone can escape or expand their knowledge while enjoying our exceptional coastal setting. A must-see event combining relaxation and culture throughout the

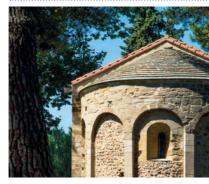
Open every day from 11:00 to 18:00, except Mondays and Thursdays North Beach



THE VILLAGE **CHURCH**

Built in the 18th century upon the remains of an ancient Roman church, of which a few elements remain today on the old door and the western facade, the Saint-Cyprien Church testifies to the town's rich architectural past. This single-nave building, with side chapels built at different times, was constructed using local materials - in particular, cayrous (terracotta bricks) and Villefranche-de-Conflent marble. The church is home to two holy figures: Saint Sébastien and Saint Gaudérique (Sant Galdric in Catalan), protector of farmers and an emblematic figure in Catalan heritage. A place steeped in history, not to be missed for its architecture and authentic atmosphere.

Rue Paul Eluard



THE VILLERASE CHAPEL

Nestled in a green setting, the Villerase Chapel is one of Saint-Cyprien's historic treasures. Built between the 11th and 19th centuries, its choir - dating back to the 1100s bears witness to its Roman origins.

With its single nave, bell tower and five elegantly arranged arches, this building combines sobriety and architectural harmony. Fully restored, it is now one of the town's finest heritage sites, offering visitors a journey through history.



THE D'EN BOLTE TOUR

Part of the ancient surrounding walls built around 1350 to protect the town from invasions, the D'En Bolte Tower offers a precious insight into Saint-Cyprien's medieval history. This fortification formed part of the Castrum Cypriani, a defensive wall surrounding the houses of the village, made from tufa, Roman bricks and wood. Today, the D'En Bolte Tower is the last remaining fragment of this fortified past, recalling the town's strategic importance at that time.

6, rue Valéry Larbaud



THE PLACE DE LA RÉPUBLIQUE

At the heart of the village, Place de la République is an essential meeting place for the people of Saint-Cyprien. This welcoming and friendly space comes alive with the seasons and hosts a series of events, including Saint-Cyprien's spectacular Festa Major, a highlight in the local calendar. In this lively place, tradition and conviviality come together to unite both residents and visitors.



THE RODIN **NEIGHBOURHOOD**

Place Rodin and Rue Rodin are one of the most dynamic areas around Saint-Cyprien beach, offering a lively and friendly atmosphere. Lined with shops, cafés and restaurants, they guarantee a lively atmosphere all year round. Every Friday, the neighbourhood comes alive to the rhythm of its big market, attracting locals and visitors in search of local flavours and crafts. It is also the venue for numerous festivities and concerts, making it a must for summer evenings.



THE GOLF COURSE

Just 500 metres from the beach, the Saint-Cyprien International Golf Course extends over 200 hectares in the heart of an ornithological reserve, with the majestic Canigó as its backdrop. Its two courses offer a unique experience: an 18-hole course over 6 km long, winding its way between the Mediterranean and the Étang de Canet lake – ideal for golfers in search of a real challenge and exceptional panoramic views - and a 9-hole course nestling in the heart of a forest, perfect for a more accessible and immersive game. The site is also home to a driving range, enabling beginners and advanced players alike to perfect their game all year round.

5, rue Jouy d'Arnaud +33 (0)4 68 37 63 01 www.golf-saint-cyprien.com/fr



PLAYGROUNDS THROUGHOUT THE RESORT

• La Granote

Slides (3-12 years) and spring rockers (3–9 years) Behind the port, Résidence Port Roussillon

• La Maïnade

Play structures for 2-8-year-olds and 4-12-year-olds Next to the Prosper Mérimée multimedia library (village)

• La Prade

Play structures for 2-9-year-olds La Prade Park (village)

Maillol

Play structure for 2-9-year-olds (open space on the beach) Maillol Beach

Rodin

Play structures for 3-12-year-olds (open space on the beach) Rodin Beach



SKATEPARK

A skatepark with ramp, slide bar, curved hip and launch box. Rue Verdi, opposite the UCPA centre



FITNESS TRAIL

• The Armand Lanoux fitness trail: a shaded circuit featuring 9 exercise modules, grab bars, slalom, fixed bars, leapfrog posts and more. Located between the L'Île de la Lagune hotel and the Cala Gogo campsite.

• The Camí de la Mar health trail: an invigorating route running alongside the cycle path and dotted with cardio-training and body-building elements.

• The La Prade health trail: an athletic path accessible to all, regardless of age or ability (several difficulty levels available), in a magical natural setting.



OUTDOOR GYM

Sports facilities Two multi-sports goals for football, handball and basketball. Four Brazilian-style mini-goals.

La Prade Park (village)





COASTAL TRAIL: 2 KM OF MAGNIFICENT SEASIDE WALKS

The superbly redeveloped and plant-lined Saint-Cyprien coastal trail links the south of the town and its beach to the port.

Set amid some magnificent natural surroundings, this 2-km-long trail stretches from the swing bridge to the town of Elne.

Today, it is one of the resort's most attractive walking areas. Its natural materials make it particularly pleasant to walk and cycle around. A simply magical outing!



A SPECIAL WELCOME FOR BIKES

A special 'Accueil-vélo' area has been made available to cyclists at the northern entrance to Saint-Cyprien (Port Cipriano), facing the sea. Cycling enthusiasts, particularly those using the Eurovélo 8 and Agouille de la Mar greenways, will find bike shelters and stands, picnic tables, electric-vehicle charge points and special signage indicating the soft-mobility routes in Saint-Cyprien and neighbouring towns, as well as the natural areas and heritage treasures to be discovered.



WALKS AND CYCLE RIDES ON MULTI-USE TRAILS

A number of 'greenways' (voie vertes) link land and sea in Saint-Cyprien. Reserved for walkers, joggers, cyclists, rollerbladers and scooter-riders, these signposted trails offer a different way to discover the countryside and heritage. Seven routes have been laid out for this purpose. This is a major advantage for the resort, which also lies along the European Euro-Vélo 8 and Euro-Vélo 8 bis cycle routes. These walks are detailed in the Trail Guide (free), available from the Tourist Office and downloadable from

www.tourisme-saint-cyprien.com.

These loops can also be found on the Tourist Office website: www.tourisme-saint-cyprien.com/se-déplacer-en-douceur and on the Visorando app.





80 KM OF CYCLE AND PEDESTRIAN ROUTES

Saint-Cyprien is criss-crossed by a network of excellent, safe cycle and pedestrian routes, making it one of the most committed resorts in terms of soft mobility. Saint-Cyprien can now be reached from Canet-en-Roussillon and Argelès-sur-Mer, while all the resort's main roads and key sites (campsites, sports complexes, shopping centres, green spaces and leisure areas, etc.) are connected to these greenways – a delight for tourists and residents alike.



THINGS TO DO AROUND SAINT-CYPRIEN

- Go for a day trip: walks and discovery tours in the hinterland
 Fenouillèdes, Conflent, Côte Vermeille and Vallespir
- Guided bike rides: in July and August, enjoy themed rides and tours, gourmet rides and a selection of other cultural outings alongside a guide

Find more information at the Tourist Office.



A COWORKING SPACE

(by the day, week or longer). Holidaymakers or professionals on the move who need to keep working during their stay in Saint-Cyprien can do so with ease at the Ambition Sud Roussillon space, which offers a coworking area with all the connections they need for the day, week or longer. This bright and functional space is fully equipped (offices, chairs, lockers, fibre-optic internet, relaxation area, catering facilities nearby)

and accessible to persons with reduced mobility. It can be booked online at https://ambition-sudroussillon.fr/nos-offres/#coworking. From €18 incl. VAT per day *(08:00 to 18:00)

Ambition Sud Roussillon 2, rue du Ponent - Zone Las Hortes



THE TOURIST OFFICE SHOP

Located on the port (next to the Tourist Office), the Tourist Office shop is open from April to the end of September. It offers a selection of souvenirs and decorative items, made from natural and sustainable materials, as well as a range of local products (honey, wine, soap, etc.) from local craft businesses. You'll also find a wide selection of posters featuring Saint-Cyprien, postcards, tote-bags, pouches, fouta towels, beach towels, magnets, wooden games for children, T-shirts and more. From April to October during Tourist Office opening hours.

Quai Arthur Rimbaud +33 (0)4 68 21 01 33 www.tourisme-saint-cyprien.com



THE TOURIST OFFICE

Ready to explore Saint-Cyprien? Head to the Tourist Office on Quai Arthur Rimbaud in the port. Our team of enthusiasts will help you discover all our most precious treasures and our best experiences!

Quai Arthur Rimbaud +33 (0)4 68 21 01 33 www.tourisme-saint-cyprien.com

Discover the places not to be missed!







Our 2025 highlights

(subject to change)



Easter Festival 19 > 21 April / Village



Le Cochon Toqué 3 > 4 May / Port



Osé, Le Rosé/Les Bulles! 10 > 11 May / Place Maillol



St Peter's Day 27 > 29 June / Port



Monsieur Arthur
July > August / Quai Arthur Rimbaud



Fireworks
14 July / Stade Gaston Godail • 15 August / Port



Les épicuriens July > August / Lagoon • Botanical Garden



Les nuits du 7° art July > August / Botanical Garden



Kite Festival
23 > 24 August / North Beach



Late summer days 26 > 28 September / Port



Crèches du monde December > January / Village

The markets



Fill up on summer!

The colourful, lively and bountiful markets of Saint-Cyprien offer the very best the region has to offer, including tasty, fragrant, ultra-fresh fruit and vegetables, local gourmet specialities and freshly caught fish, and clothing, local crafts, practical utensils and decorative items.

There is something for everyone!

- TUESDAY, traditional market (seasonal)
 Place Rodin, by the beach (8.00 am-12.30 pm)
- WEDNESDAY, local producers' market (seasonal) Place de Marbre, in the port (8.00 am-12.30 pm)
- THURSDAY, small traditional market
 Place Desnoyer, in front of the town hall, in the village (8.00 am-12.30 pm)
- FRIDAY, large market
 Place Rodin, by the beach (8.00 am-12.30 pm)
- SUNDAY, traditional market (seasonal)
 Place Maillol, by the beach (8.00 am-12.30 pm)
- Every day (except on very windy days), freshly caught fish is sold direct from the fishermen in the port on Quai des Pêcheurs.

It is a great way to enjoy a relaxing summer stroll and is a feast for the eyes and taste buds!





Find out more about our sports and cultural associations here!

Sea and water sports

Lifequard posts



- N° 1 North beach: Beach with 'Handiplage' accessibility label Disabled access with mat and Tiralo bathing wheelchair
- N° 2 Rodin beach: Disabled access with mat and Tiralo bathing wheelchair
- N° 3 Maillol beach: Disabled access with mat and Tiralo bathing wheelchair
- N° 4 Swing-bridge beach: Beach with 'Handiplage' accessibility label Disabled access with mat and Tiralo bathing wheelchair
- N° 5 Lagoon beach: Disabled access with mat Near Les Bulles de Mer hotel
- N° 6 South beach: Near the Cala Gogo campsite Disabled access with mat and Tiralo bathing wheelchair

Les clubs de plage

1 Amourette Plage

A delightful private beach offering a seasonal menu for lunch and dinner: gourmet cuts of meat, local seafood, trendy cocktails and beach equipment available to hire.

95 bd Desnoyer / +33 (0)7 88 90 78 32 contact@lamouretteplage.fr

2 Dolce Vita

Enjoy Mediterranean cuisine with your feet in the sand, as you sip on a cocktail and relax on a deckchair: that's the Dolce Vita! Bd Desnoyer / +33 (0)6 01 59 68 59 prestige@groupedlz.com

3 Le Caliente

Mediterranean cuisine, grills, fish. Groups welcome, with beach equipment available to hire. Plage de l'Art

4 Les Tentations

Beach equipment available to hire, with bar, ice-cream parlour and fast food to consume on site or take away. Rue Frédéric Saisset, résidence Athéna

Plage Maillol

5 Al Trayou

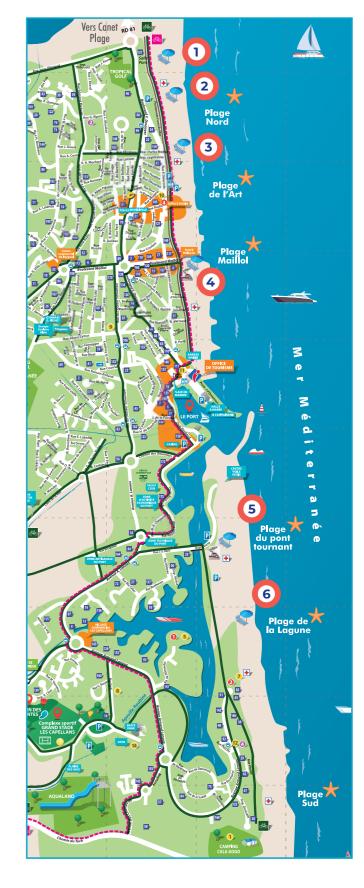
Traditional restaurant serving salads, tapas and grilled fish. Beach equipment available to hire. Disabled access to the swing-bridge beach. Rue Jean-Sébastien Bach (accès pont tournant) +33 (0)4 68 55 90 76 / +33 (0)6 85 62 29 65

6 Temple Beach

Beach club - Restaurant - Bar - Events. Sun loungers & Bali beds for hire. À-la-carte restaurant for lunch and dinner, serving tapas and snacks in the afternoon.

All-you-can-eat Sunday brunch (July & August) - Swing-bridge beach

+33 (0)7 84 44 71 24 / www.templebeach.fr Calendar of events to follow on social media: https://www.facebook.com/letemplebeach https://www.instagram.com/templebeach. saintcyprien





Hydrobike

The Hydro Experience

An outdoor activity centre between land and sea, with a wide range of activities focused on e-mobility for all the family. The world's first on-water cycle path awaits you to try your hand at hydrobiking - the world's 1st hydrofoil bike - as well as e-foiling, e-paddleboarding and seascooters. On land, come and discover halfbikes and hop on an e-bike. Open all year round by reservation and daily from April to October.

Les Fakirs Beach, boulevard Desnoyer, St Cyprien Réservations: +33 (0) 9 78 80 22 58 - www.thehydro.fr/ reservation-en-ligne-st-cyprien - resas@thehydro.fr

Jet-ski / Towed inflatables and devices

Jet Aventure 66



Jet-skiing with or without a licence* (*supervised by instructors), from 16 years old to drive and 8 years old as a passenger. From €20. Discover the joys of gliding across the water with family and friends, from age 8.15 for 20 minutes. Pack of three 1-hour activities: €40. Reduced rates for children and partners

Quai Jules Verne (Swing-bridge beach to the left) +33 (0)7 71 58 15 51 - contact@jetaventure.com www.jetaventure.com

St Cyp Jet Evasion



Jet-skiing with or without a licence (supervised by qualified instructors). Open 7 days a week.

You must be 16 to drive. Same price for 1 or 2 people. Towed inflatables and devices (banana boat, Airstream and sofa) to glide across the water. Fun and thrills guaranteed (from age 8). Reduced rates for works councils, groups and partners' customers.

A côté de la Capitainerie - +33 (0)6 73 18 23 80 stcypjetevasion@orange.fr - www.stcypjetevasion.fr

Sea kayaking

Kayakomat 66

Sailing has never been so easy! Book online, get your key code and set off on your adventure ... (if too long swap for: Book, Unlock, Paddle!) Kayakomat is revolutionising access to kayaking and paddleboarding with self-service stations available 24/7.

As a result, you can make the most of your holidays, the sun and the sea, thanks our station on Les Fakirs Beach, right by the water in Saint-Cyprien! Access behind the Maison des Associations.

+33 (0)9 70 70 21 31 madern.po@kayakomat.com www.kayakomat.com/fr

Watersport Aventure

Beach club located in Argelès/Mer at the foot of the rocky coast and Collioure, specialising in water-based activities: supervised sea-kayak trips and paddleboard hire, or giant paddleboard with slide. New for 2025: supervised trips in Polynesian pirogues! Watersport Aventure offers you an unforgettable nature experience along the coves and the famous village of Collioure.

South beach, life-guard post no 5, Argelès-sur-Mer - +33 (0)6 81 29 58 14 contact@watersportaventure.com www.watersportaventure.com

Kitesurf / Paddleboarding Wingfoil

Aquaplanet

Paddleboard hire: 09:00-18:00

Quai Jules Vernes - access via the swing bridge +33 (0)6 85 10 68 18 - aquaplanet.fr@gmail.com www.aquaplanet-france.com

Kitoo surf school (kitesurf, paddleboarding, wingfoil)

Head to Saint-Cyprien for an unforgettable adventure with the Kitoo kitesurf, paddleboarding and wingfoil school! Courses for all levels, guaranteeing fun and safety. Experience the thrill of kitesurfing, the tranquillity of paddleboarding and the excitement of wingfoiling in an idyllic setting. Our passionate and experienced team awaits you for a unique experience on the water. Book now, 4 people max, radio communication.

kitoo kite & wing Rond-point nord - Résidence Port-Cipriano, local 69 +33 (0)6 43 16 12 43 - contact@kitoo.com

Boat hire

Artimon Motorboat hire

Boats without a licence: very popular with families and those hoping to discover sailing and the marine environment. Boats with a licence: to discover the rocky coast as far as Spain. Safety: weather advice. Safety equipment provided.

A briefing will be provided before each departure. 1 Quai Arthur Rimbaud Ponton F +33 (0)6 86 38 46 65 - artimon@aal66.com Réservation en ligne : artimon-nautique-location.com

Swimming / Aquagym / Aquabike Aquafitness

Espace Piscine Aquasud



Indoor swimming pool. 3 areas (1 x 25 m sports pool, 1 teaching pool and 1 relaxation area with 2 jacuzzis and 1 hammam). Numerous activities on offer: children's swimming lessons (for those with a fear of water, etc.), swimming school, aquagym, aquabike, aquafitness, training circuit, aquapilates, aquaboxing, aquacrossfit and baby swimmers (Saturdays and Sundays). During school holidays (except July and August)

Aquaparty (inflatables on the water with no age limit) and a host of special events (games, inflatables). Annual closure in July and August and the 2 weeks of the Christmas holidays. Rue Montesquieu, village - +33 (0)4 68 21 50 24 www.aquasud66.fr - www.facebook.com/espaceaquasud www.instagram.com/espace_aquasud

Organisation de séjour

Catalunya: from sea to mountains

Enjoy an exceptional experience with the Catalunyaventure team to organise your stay or event in Saint-Cyprien and Catalonia. Discover a host of water and land-based activities selected to offer you an unforgettable adventure. With family, friends or your colleagues for a seminar, team building or hen/stag do, the team will design varied, trendy and fun experiences. Discover the latest innovation, the Colliour'Express, for an exciting adventure.

+33 (0)6 14 54 14 14 - contact@catalunyaventure.com www.catalunyaventure.com

Parasailing

FLY66

Take to the skies during a parasailing session and admire the magnificent Côte Vermeille from a height of over 50 m! This summer aquatic activity is open to everyone aged 3 and up. Fly alone, with your family, as a couple or with friends, with up to 5 people under the same canopy. You'll take off and land from the boat's rear platform, so there's no need to worry about a fear of heights. Bookable online at fly66.fr, by phone or on site. From €55 - Open from April to Sept. Ajaccio-Port car park - 66140 Canet-en-Roussillon +33 (0)6 52 87 30 70 - contact@fly66.fr - Fly66.fr

Waterfly

Waterfly for adults and children aged 5 and up. Get your dose of adrenaline and thrills. You'll take off calmly from the boat's platform and soar to 50 metres in a calm and tranquil atmosphere, while discovering a breathtaking panoramic view of the Côte Vermeille! A magical moment to weave new memories together. Solo €80 - Duo €130 - Trio €165 By reservation on +33 (0)6 12 26 59 93

Sea fishing and fishing school

Roussillon Fishing

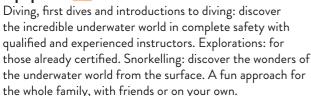
Sport and leisure fishing courses and training, 2 boats, 2 fishing guide instructors. Groups of up to 8 people. With friends or family, beginners or experienced fishers welcome! State-certified leisure-fishing guides with maritime BPJEPS/UCC certification. Multi-technique courses: introductory and advanced coastal and deep-sea fishing, big-game fishing. Coaching on board your boat. Safety equipment and materials included.

Book on: +33 (0)6 23 78 33 16 contact@roussillonfishing.com

16 Practical guide Practical guide 17

Scuba diving / Snorkelling **Boat licence**

Aquaplanet



the whole family, with friends or on your own. Includes fins, snorkel mask and wetsuit with positive buoyancy. 2 departures/day. Morning, 09:30: 2 sites + snack included (3.5 hours). Afternoon, 15:00: 1 site (2 hours). Destination: Peyrefitte underwater trail, Banyuls reserve or the Côte Rocheuse. Paddleboard hire: 09:00-18:00. Coastal licence: obtained over the course of 4 days or at your own pace. Success package. 'Famille plus' familyfriendly certification.

Quai Jules Verne. Access via the swing bridge. +33 (0)6 85 10 68 18 aquaplanet.fr@gmail.com www.aquaplanet-france.com

Lagune Plongée

If you'd like to discover the magnificent coastline on a snorkelling outing or a first introduction to diving from the port of Saint-Cyprien, our team will be delighted to help you. Qualified instructors, quality equipment and a fast, comfortable speedboat are at your disposal. Whether you're on your own, with family or friends, come and discover the superb diving sites between Collioure and the Banyuls-sur-Mer reserve. Activities open to children aged 8 and up. Boat accessible to persons with disabilities. FFESSM/SSI/ANMP training and courses

Résidence Le Yachtman - Quai Arthur Rimbaud (between the Yacht Club and the Port Technical Area) +33 (0)6 13 78 86 11 infolaguneplongee@gmail.com www.laguneplongee.com

Boat ride on the lagoon

La Navette du port



Board the shuttle for a 45-minute guided tour of the port, lagoon and marinas Adults: €9 - Children (2 to 10 years): €7. Summer departures: 11:00, 15:00, 16:00, 17:00, 18:00, 21:00, 22:00, 23:00. No booking required. April to September - Off-season, see opening times on site. Quai Arthur Rimbaud next to the marine fountain +33 (0)6 12 55 52 46 - lanavettesaintcyprien@gmail.com

Sea outings

Catamaran, sea trip on the Lodos

A day or half-day outing introducing you to the rocky Catalan coast and the sea in a different way, with 1 to 12 people on board a 12x7 m catamaran – unique on the Catalan coast. With small groups, you'll enjoy a truly friendly atmosphere, while enjoying all the benefits of a catamaran with smooth, stable sailing and plenty of space. Trips are offered with a professional skipper and professional passenger insurance.

Côté Mer Catamaran: Information and bookings, prices, special offers, photos and videos and descriptions of the outings on offer can be found on: www.lodos.fr

CTM Croisières & Roussillon Croisières



Cruises and sea outings along the Côte Vermeille and the Costa Brava. Stopover in Collioure and Cadaquès on the Costa Brava (Spain), dolphin-watching in the Gulf of Lion Marine Nature Park, swimming in the Paulilles cove and fireworks seen from the sea. Cap Béar tour with underwater viewing and sea fishing, departing from Argelès/Mer. Accessible to persons with disabilities. Children's rates. Dogs allowed at no extra charge. Online bookings on the websites: ctm-croisieres.com / roussillon-croisieres.com

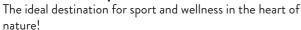
Tickets: Quai Arthur Rimbaud - Quai C +33 (0)4 48 90 09 66 contact@ctm-croisieres.com





Sports complex / Leisure centre

Grand Stade Les Capellans



In a green setting, the Grand Stade invites you to discover a wide range of sporting and leisure activities. Take advantage of our facilities: padel, tennis, squash, table tennis, badminton and beach sports court, plus swimming pool, pétanque, fitness and weight-training equipment. If you're looking to unwind, the wellness area offers relaxing treatments, while the restaurant area will delight your taste buds. Grand Stade also specialises in organising half-day and full-day sports camps for groups of children, from Monday to Friday. Activities include padel, tennis, beach sports, football, circus, multi-sports and a club for 4-6 year olds. A range of adult padel and tennis courses For more information, visit grandstade.fr Tel. +33 (0)4 68 37 32 00

Canyoning / Hydrospeed Rafting / Ouad biking

Pyrénées Roussillon Aventures

Canyoning in crystal-clear waters, waterfalls, toboggans, quad biking around the vineyards with tasting of regional products and rafting. Supervised by qualified local instructors and using high-quality equipment, Pyrénées Roussillon Aventures offers a wide range of activities. Transform your holidays into unforgettable and surprising experiences. For young and old alike, there's something to suit all tastes. Activities must be booked in advance. +33 (0)6 10 83 88 13

www.pyrenees-roussillon-aventures.fr

Horseriding Centre équestre UDSIS

Centre open all year round - Courses and workshops. Pony lessons from age 6 and horse lessons from age 12. Eco-friendly walk in the Mas Larrieu nature reserve, from FFE 'Galop 1' level. Sports leisure club in July-August. Children aged 7 to 13. Equi-Passion: Full-day session from €47/day, Monday to Friday, including lunch. Introduction to pony-riding for 2-6 year olds, (1.5-hour introductory activity). I hour of pony or horseriding from

1016 cami de la Mar / +33 (0)4 68 21 18 10 equestre@udsis.fr - www.udsis.fr

La Palouse



The La Palouse western riding school welcomes you all year round. There, you'll be introduced to this riding style, defined as 'working alongside your horse with confidence and acceptance'. We offer group or individual lessons, hikes and themed courses during the school holidays.

Stéphanie +33 (0)6 03 51 49 69

1070 chemin du mas des Capellans steph.less@hotmail.fr - www.western-riding-lapalouse.com

Le Cheval andalou



Equestrian centre open all year round Horse riding from 7 years old: 1 hour in the countryside - €25, 1.5 hours (advanced) €40, 2 hours on the beach -€40 from September to June and €45 in July and August. Pony ride (3–7 years): 30 minutes – €10 Horse-drawn carriage ride. 2- or 3-day hikes (except July and August). Courses in the off-season.

Route de Saint-Cyprien Plage/Village Chemin de la Varnède - +33 (0)4 68 21 57 41 (summer) +33 (0)6 88 27 79 53

lechevalandalou@hotmail.fr - www.lechevalandalou.fr

Golf

Golf de Saint-Cyprien



Set in the heart of a nature reserve, the golf course offers the 9-hole 'Forest' and 18-hole 'Pond' courses, 45 practice bays, a proshop, a school with a wide choice of lessons (individual or group) and intensive courses for all levels! 5 rue Jouy d'Arnaud / +33 (0)4 68 37 63 01 proshop@saintcyprien-golfresort.com www.golf-saint-cyprien.com

Karting



Open from 27 March to 3 November. Evening sessions in July and August. No booking required. A 700 m circuit: adult SR5 karts and new two-seater karts await, not forgetting our junior karts. A children's circuit with electric go-karts, accessible from the age of 2 accompanied or 4 and up on their own. Come and have a go with the whole family! A bar with panoramic terrace, play area and free parking. Prices: see website at www.kartingstcyprien.fr 450 Chemin de l'Agouille Capdal / +33 (0)4 68 21 41 76

Mini Golf

Tropical Golf

Spread out over 5,000 m2, discover two 18-hole courses in shaded surroundings, surrounded by waterfalls and lakes, in an exotic atmosphere. Large artificial-grass tracks. Open from April to All Saints' Day. Last start 1.5 hours before closing time. Prices: adults €12.50, children under 12 €8 Free parking - Holiday cheques accepted Pets allowed on terrace only.

Boulevard Desnoyer / +33 (0)4 68 37 02 46 www.tropical-golf.com

Paintball

Sud Paintball

The blue helicopter club! Sud Paintball Théza invites you to discover 5 paintball, 'fun paintball' and lasergame adventures. Vietnam, western and more – 5 shaded sets spread out over 15,000 m2, with planes, tunnels, buildings and helicopters! A host of hidden treasures for you and your family to find. To make the game more accessible to the general public, the power of the weapons has been reduced to 60%. New: night game. +33 (0)6 09 98 71 45 - www.paintball-perpignan.com

Top à la vachette

Monday, Wednesday, Friday at 21:30 in July and August. An arena of madness ... 1.5 hours of laughter with cows and the best games from the Intervilles TV show, around a giant swimming pool. An interactive show where you can watch and take part ... but be warned, some cows like to take a dip. General admission €13 - Reduced admission (3-10 years) €7 - Free for children under 3.

Arène Théâtre de la Mer, Quai Arthur Rimbaud at the port Information (no bookings): +33 (0)5 58 89 95 00 www.top-a-la-vachette.com

Sports village

Village Sportif UCPA Saint-Cyprien



UCPA Saint-Cyprien Sports Village Specialising in multi-sport activities, this centre benefits from an ideal natural and sporting environment (beach courts, pétanque, swimming pool, relaxation area, restaurants, shaded terraces, etc.). Day-camp courses: Easter, Summer, October holidays, Monday to Friday, 5 half-days or full days (with lunch extra).

Rue Verdi - Saint-Cyprien +33 (0)4 68 21 90 95 / stcyprien@ucpa.asso.fr www.ucpa.com/destinations/saint-cyprien

Wellness

Céline de Saint-Félix

Therapist, dream analyst and Bach-flower adviser: Balancing your emotions with flowers. Personal development through dream interpretation. Individual enhancement to boost selfconfidence and well-being. Personalised Floratherapy and Onirotherapy (dream-therapy) consultation for individuals. Group workshops and conferences for local authorities and businesses. Monday to Saturday by videoconference or face-to-face.

Latour-Bas-Elne / Saint-Cyprien +33 (0)6 61 93 41 94 / celinedsf@gmail.com

SoiZen

SoiZen is a place dedicated to the well-being of body and mind through ayurveda and yoga ('Ayurveda en France', 'Viniyoga' and 'French Yoga Institute' certified). SoiZen offers massages, health check-ups and dietary coaching based on Ayurveda. SoiZen offers individual (Yogatherapy) or group yoga sessions, Ayurvedic cooking workshops and Ayurvedic breaks from a half-day or more, with personalised, detoxifying and regenerating treatments. Brinné Cadenas / +33 (0)6 82 48 82 69 / soizen.net

Spa-

Espace Piscine Aquasud

Indoor swimming pool, open all year round, with relaxation area (1 hammam, 2 jacuzzis). Closed July and August and over 2 weeks in the Christmas holidays. Rue Montesquieu, village / +33 (0)4 68 21 50 24 www.aquasud66.fr - www.facebook.com/espaceaquasud www.instagram.com/espace_aquasud

Spa marin L'Île de la Lagune ***** Relais & Châteaux

Marine spa Renovated in 2024, this privileged space offers: heated indoor pool with marine trail, steam room, sauna, sensory shower, ice fountain and a menu of treatments (Biologique Recherche Paris, Thalgo, Iyashi Dôme, Olfa Perbal, Renata Franca). Open 09:00 to 13:00 and 14:30 to 18:30, Monday to Sunday mornings. Bd de l'Almandin / +33 (0)4 68 37 39 19 contact@hotel-ile-lagune.com https://thalasso.hotel-ile-lagune.com/fr

Sand Spa de l'hôtel Les Bulles de Mer ****

Facing the sea, this spa invites you to relax with 100% organic Alaena treatments, a floatation pool, a personal sauna and a whirlpool bath. Open from April to October, Monday to Saturday, 10:00 to 13:00 and 14:00 to 19:00, Monday to Sunday mornings (and Sunday afternoons in July and August).

28 av. Ä. Lanoux / +33 (0)4 68 21 36 90 spa@lesbullesdemer.com - www.lesbullesdemer.com

Tours around Saint-Cyprien

EcoZonia

In the heart of the Mediterranean forest, EcoZonia leads you on a 2-hour discovery tour of the fascinating world of predators, just 15 minutes from Perpignan. New for 2025: free-flight displays by birds of prey (programme available on the site). Conservation research and awareness-raising centre, defending a vision of a world in which humans respect other predators, symbols of wild nature.

La Coume del Roc- Cases de Pène (15 min from Perpignan) +33 (0)4 68 89 73 50 - contact@ecozonia.fr www.ecozonia.fr

Grottes des Canalettes

Between light and shade, immerse yourself in the heart of a major natural site! These caves are located at the foot of the Canigó, 300 metres from the medieval town fortified by Vauban: Villefranche-de-Conflent, a UNESCO World Heritage site.

Rte de Vernet-les-Bains - 66500 Villefranche-de-Conflent +33 (0)4 68 05 20 20 / Ticket sales/Info Canet-en-Roussillon: « Boutiques Écrin de Roche » / +33 (0)6 32 36 30 60

€14.

Manufacture Henri Privat

'The excellence of garnet'. Discover the excellence of this Catalan jewellery brand, which has been awarded the 'Living Heritage Company' label and is run by Henri Privat, Meilleur Ouvrier de France 2023. Take a guided tour, immerse yourself in this unique know-how, explore the workshops and hear the story of this traditional Catalan

RD 66, Rond-Point du Canigou - 66500 Prades Opening hours & Info: +33 (0)4 68 96 21 03 Online booking: www.henriprivat.fr

Charge points and parking

Electric-car charge points

- 1 Révéo charge point (2 spaces) in the Tourist Office car park
- 1 Révéo charge point (2 spaces) in the Port-Cipriano car park
- 1 Révéo charge point (2 spaces) in the car park of the former Harbour Master's Office
- 1 Révéo charge point (2 spaces) in the Les Capellans shopping centre car park
- 1 Zephyre charge point (2 spaces) in the car park in front of the Mar-i-Sol hotel

Electric-bike charge points

- 1 area with 2 charge points + 1 repair station in the Les Capellans shopping centre car park.
- 1 area with 2 charge points + 1 repair station in the Port-Cipriano car park.

La Ruche à Vélos

- · Secure, connected bike parking.
- 6 spaces at the port of Saint-Cyprien, Tourist Office car park, Quai Arthur Rimbaud.
- 6 spaces on the outskirts of the village, at the car park on Route d'Alénya.

Bus

Occitanie Lio bus transport

€1 per journey, regular routes all year round Line 542: Saint-Cyprien/Perpignan (return)

Line 543: Cabestany/Argelès-sur-Mer via Saint-Cyprien,

Line 541: (direct line only in July-August) Saint-Cyprien/ Collioure/Port-Vendres/Paulilles (return) Timetables available from the Tourist Office Info line +33 (0)806 80 80 90 (freephone number) www.mestrajets.lio.laregion.fr/

Cypobus

Free transport throughout the resort on Fridays all year round. Timetable available from the Tourist Office.

SNCF trains

TER OCCITANIE trains

Contact information +33 (0)8 00 31 31 31 Freephone number

Excursions

Caminéo

Day trips in luxury coaches:

- Guided or self-guided tour of Barcelona
- · Medieval city of Carcassonne and boat trip on the Canal
- Don Pancho cruise: 1.5-hour stopover in Cadaqués
- Little Yellow Train of Cerdanya
- Roses cruise: 6-hour stop in Cadaqués
- Gran Jonquera

Autocars CAMINEO, 38 Rue Georges Courteline Tel. +33 (0)4 68 21 83 95

Online reservations: www.autocarscamineo.com

Bicycle hire / Repairs

QDP 'Quincaillerie Du Port'

Bicycle hire and repairs, DIY, bric-a-brac shop, chemist and key-cutting 200 m from the Tourist Office.

7 avenue François Desnoyer - qdp66.contact@gmail.com +33 (0)4 34 10 14 49 /

https://qdp-66.wixsite.com/-qdp

Vélo Passion

Independent, multi-brand specialist for bicycle repairs, sales and hire. Bosch, Shimano and Fazua certification. Canyonapproved workshop. Jérôme welcomes you from Monday to Saturday, 09:00-12:00 and 15:00-18:00. 10 boulevard Maillol / +33 (0)6 02 15 03 75 velopassion66@gmail.com - www.velopassion66.com www.facebook.com/velopassionsaintcyp

Taxis

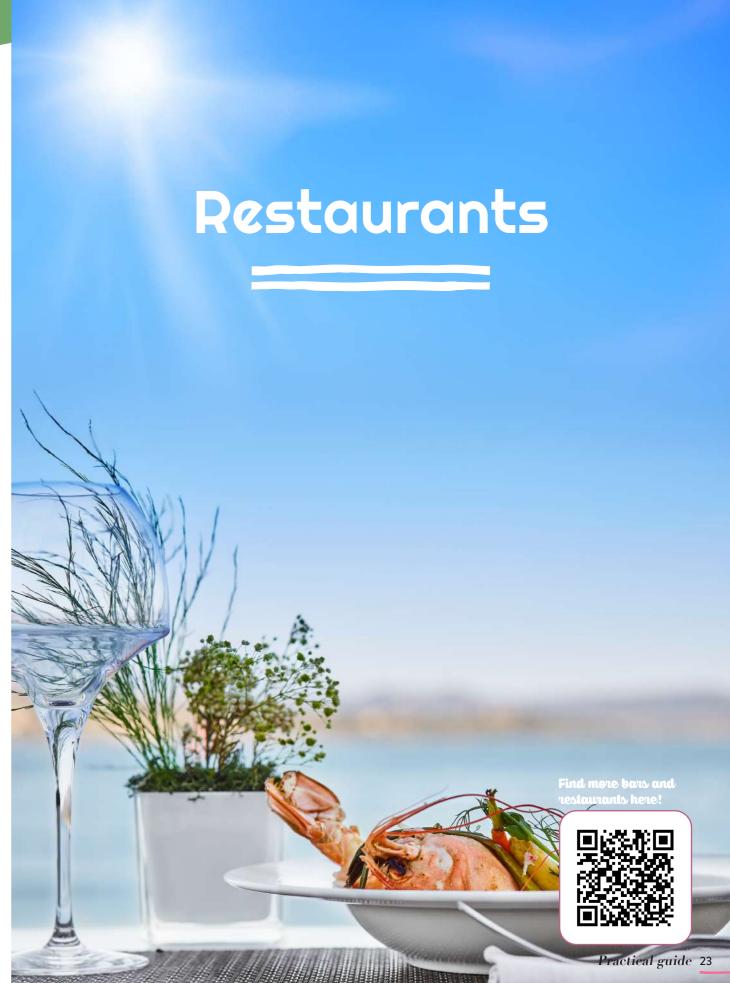
Taxi du Port / Taxi BR

Taxi du Port is at your disposal for all your private, business, group or medical transport needs. 6-seater vehicles with bicycle-transport facilities. 7 days a week, 24 hours a day. +33 (0)4 68 21 11 00 / +33 (0)6 76 34 12 01 bertrouge@hotmail.fr

Taxi Lopes (formerly Taxi Albert)

Your trusted taxi in Saint-Cyprien for over 30 years. Topof-the-range taxis, approved by the French healthcare service and all health-insurance companies, to transport you over any distance for medical reasons (consultation/ hospitalisation/treatment etc.), as well as for all your private or professional transport needs, alone or in a group - 24 hours a day, 7 days a week.

Contact us on: +33 (0)4 68 37 19 79 ou au +33 (0)7 86 02 17 39



Restaurants / Fast food

Can Paco

Can Paco is a delicious restaurant in an exceptional setting. At the heart of Grand Stade les Capellans, the team awaits come rain or shine.

Can Paco offers grilled meats from land and sea, cooked over an open wood fire. Snails, lamb chops, prime rib and fish of the day are all sure to delight, grilled the old-fashioned way. Fresh, local cuisine.

Booking recommended: +33 (0)4 68 84 80 81

At the 5-star L'Île de la Lagune gourmet restaurant, a Michelin star, chef Frédéric Bacquié focuses on freshness,

local producers. He uses his know-how and creativity to serve up refined Catalan cuisine, to be enjoyed overlooking the lagoon. 3-course menu from €49. Open Wednesday to Saturday for lunch and dinner, and Sunday lunchtimes.

Bd de l'Almandin / +33 (0)4 68 21 01 02 www.almandin.fr

L'Aquarama

By the pool or indoors within a relaxed atmosphere, this chic bistro - the second restaurant from the team behind the 5-star L'Île de la Lagune, offers authentic, gourmet Italian cuisine. Open from Friday evening to Tuesday evening. Bd de l'Almandin /

+33 (0)4 68 21 01 02

La Table du Golf

In the heart of the Saint-Cyprien golf course, chef Julien Boy offers a bistro menu in a cosy, chic and relaxed atmosphere: daily specials, dishes with local flavours or a snack menu available all day long for a delicious breaks. Open every day for lunch.

Rue Jouy d'Arnaud +33 (0)4 68 37 63 08 www.table-du-golf.fr

Le Camion Don-Camillo

Open since 2009, this restaurant offers a wide choice of artisan pizzas cooked over a wood fire.

The dough is homemade and prepared every day. They welcome you 7 days a week from June to Septembe

To keep your wait to a minimum, we advise booking on +33 (0)6 71 54 30 94. Rue Aristide Briand à Saint-Cyprien village

Le Récif

A cosy, gourmet spot open all year round awaits you at the end of the Quai Rimbaud. The team offers a restaurant and early-access bar, plus a garden area for events.

You'll also find a lounge with a panoramic terrace on the first floor overlooking the port. The chef and pastry chef are committed to offering you high-quality, home-cooked

7 rue Marc Antoine Charpentier +33 (0)7 88 58 21 11 https://www.lerecif-saint-cyprien.fr/

Les Ganivelles



Facing the Lagoon beach, the 4-star Les Bulles de Mer hotel restaurant presents its seasonal, healthy and delicious cuisine. It favours local producers and breeders practising sustainable farming, with coastal fishing and organic produce. Open from April to October.

28 avenue Armand Lanoux / +33 (0)4 68 21 24 24 www.lesbullesdemer.com

Beach restaurants

Al Trayou



Restaurant and beach club open from mid-May to mid-September. Traditional cuisine, with parasols and deckchairs for hire. Accessible to persons with disabilities.

Swing-bridge beach, Avenue Jean-Sébastien Bach +33 (0)4 68 55 90 76 / +33 (0)6 85 62 29 65

Temple Beach

Beach club - Restaurant - Bar - Events. Sun loungers & Bali beds for hire. À-la-carte restaurant for lunch and dinner, serving tapas and snacks in the afternoon. All-you-can-eat brunch on Sundays (July & August).

Swing-bridge beach

Bookings at: +33 (0)7 84 44 71 24 www.templebeach.fr

Calendar of events all to follow on social media: https://www.facebook.com/letemplebeach

https://www.instagram.com/templebeach.saintcyprien/

Sushis

Aki Sushi

Open continuously, every day in the season, from 12:30 to 23:00 (Monday opening from 17:30 to 23:00, special lunch orders to be made the day before).

Out of season, continuous service from 12:30pm to 22:30 (Mondays from 17:30 to 22:00). Open every public holiday. Specialities: Japanese (traditional) and Chinese cuisine. Sitin service only at lunchtime.

2 rue Jean de la Fontaine / +33 (0)7 81 32 15 08



Estate agencies

Agence du Soleil

With over 50 years' experience in holiday rentals, the 7 Agences du Soleil on the seafront are the first estate agencies in the Mediterranean region to be awarded the 'Qualité Tourisme' label, guaranteeing an approved and recognised level of service excellence for tourists. The Agence du Soleil in Saint-Cyprien offers you its expertise, a quality welcome and personalised attention, as well as the best selection, from studios to 6-person villas, with or without swimming pool and in all price ranges, for a successful holiday with family or friends.

+33 (0)4 68 37 04 33 - cyprien@agencedusoleil.com www.agencedusoleil.com

Barrio Immobilier

Specialising in sales, rental management, holiday rentals and professional property, Barrio Immobilier is your real-estate partner in Saint-Cyprien.

Our dynamic team puts its expertise at your service to help you make all your property dreams a reality.

Barrio Immobilier - trust us with the key to your home! 3 Boulevard Desnoyer - 66750 Saint-Cyprien +33 (0)4 68 22 22 77 - www.barrioimmobilier.com

Canigou Immobilier

Property transactions and holiday lets (concierge service). Open all year round. Since 1987, our agency has been ideally located on the port of Saint-Cyprien, next to the Joa-Casino and opposite the port's large car park. Specialising in rental management, Canigou Immobilier takes care of everything - offering you a wide choice of holiday accommodation in different price and comfort ranges. Whether you're buying or selling a property, our transaction department can help you settle into our beautiful region or simply find a pied-à-terre for your holidays..

Eurl Latitude Vacances - Résidence du Port Quai Arthur Rimbaud / +33 (0)4 68 21 56 56 contact@canigou-immobilier.com www.canigou-immobilier.com

IAD France - Virginie Cheutin and Franck Cheutin

Are you looking to sell, buy or invest? Rely on our team of experienced property advisers to help you make your plans a reality. With their in-depth knowledge of the local market, Virginie and Franck Cheutin will support you every step of the way, with transparency and professionalism. Your satisfaction is their priority! Virginie Cheutin +33 (0)6 84 98 84 25 virginie.cheutin@iadfrance.fr Franck Cheutin +33 (0)6 70 64 95 21 franck.cheutin@iadfrance.fr

The specialist in holiday rentals and property concierge services offers the best choice of quality-certified flats and holiday homes for couples, families or friends in Saint-Cyprien and the most beautiful destinations in Europe. The real-estate concierge service relieves landlords of all rental worries: rent out your property in complete peace of mind thanks to on-site experts who will take care of everything. 11 boulevard Maillol / +33 (0)4 68 21 33 48 stcyprien@interhome.group - www.interhome.fr

JFM International

The JFM International estate agency, a leading name in Saint-Cyprien for 30 years, is located at 8 Rue Émile Zola, in the centre of the village. Specialising in property transactions, we are available all year round for free valuations and expert advice. Thirty years of excellence in real estate.

Contact: +33 (0)4 68 21 56 44 info@jfm-international.com www.jfm-international.com

L'Intendance, Côte Radieuse concierge service

Personalised services dedicated to second-home owners: rental management and holiday rentals in Saint-Cyprien, Canet and Argelès. Concierge services to satisfy your needs and desires, while saving you time: delivery of breakfast, aperitif platters and brunch, dry cleaning, shopping and

6 rue Georges Duhamel / +33 (0)4 68 87 63 45 contact@lintendance.fr www.conciergerielintendance.fr

Lodef Promotion

With 18 years' experience in property development, Lodef can help you with your projects. Our agency offers luxury flats and villas (1- to 5-bedroom) for holiday lets, ideally located in the heart of Saint-Cyprien's marinas and just a stone's throw from the shops.

Lodef, your partner for unforgettable holidays! 7 Avenue des Champs de Neptune, with a branch in the Les Capellans shopping centre on Avenue Armand Lanoux +33 (0)4 68 22 37 50 lodef@wanadoo.fr - www.lodef-st-cyprien.com

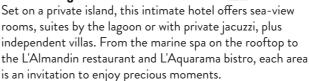
Motorhome park

Port motorhome park

Ideally located on the port of Saint-Cyprien, close to shops, restaurants and the old port. 56 spots. This area is equipped with drinking water and electricity supply points, as well as a drain for waste water. Maximum number of nights: 16 nights. Daily rates: €11.26-€15.46. Payment at the terminal: card only. Quai Arthur Rimbaud / +33 (0)4 68 21 23 50 www.camping-saint-cyprien.com

Hotels

L'Île de la Lagune ***** Relais & Châteaux



Boulevard de l'Almandin - Les Capellans +33 (0)4 68 21 01 02 - contact@hotel-ile-lagune.com www.hotel-ile-lagune.com



In a Mediterranean atmosphere, all rooms open onto a private terrace with a view of the sea or the lagoon ideal to rest and get away from it all. With its two large pools, Les Ganivelles restaurant, sand spa and activities (yoga, paddleboarding and more), the hotel offers a multisensory escape. Open from April to October. 28 avenue Armand Lanoux – Les Capellans +33 (0)4 68 21 24 24 - contact@lesbullesdemer.com www.lesbullesdemer.com

Campsites

Le BOSC ****



Free mini-train available from the campsite (from mid-June to mid-September) plus numerous cycle and pedestrian paths for safe access to the beaches. Open from 05/04/2025 to 01/11/2025.

Rue Blaise Cendrars village / +33 (0)4 68 21 07 95 contact@campinglebosc.fr

www.camping-saint-cyprien.com



Camping Cala-Gogo *****
The Camping Cala-Gogo campsite is open from 02 May to 27 September 2025. Come sunbathe by the sea and enjoy the new aquatic area. Relax on a large, tree-lined pitch or in one of the comfortable mobile homes.

+33 (0)4 68 21 07 12 - camping@calagogo66.fr www.camping-le-calagogo.fr

Hôtellerie de plein air

Chadotel le Roussillon ****





The Chadotel Le Roussillon campsite in Saint-Cyprien welcomes you in a warm and friendly atmosphere. This small family campsite with 150 pitches, just 2 km from the beaches, is perfect for those seeking peace and relaxation. There, you'll find modern facilities, a heated swimming pool and entertainment for young and old, all in an intimate setting. Enjoy a relaxing holiday in the charm of the Catalan countryside, with the full attention of a team at your service. Cami de la Mar, village - +33 (0)4 68 21 06 45 (in season) info@chadotel.com - www.chadotel.com

Holiday homes

Résidence Bleu Mer - Port of Saint-Cyprien

Duplex flats, suites and rooms with sea or port views. Rental per night or per week from €110/night. Located in the heart of the port, this residence boasts an exceptional location and views, right next to the shops and just a short walk from the beach. Rooftop and indoor lounge with breathtaking views of the sea, harbour and surrounding mountains available to residents. Some apartments also enjoy private terraces. 1, boulevard Desnoyer - +33 (0)4 68 82 38 69 info@residence-bleu-mer.com

Résidence Domaine du Golfe du Lion **** Pierre et Vacances Premium

www.residence-bleu-mer.com

Nestled in a 10-hectare green estate, this new residence offers up a natural setting with luxury apartments and villas opening onto landscaped terraces. Heated swimming pool, wellness centre, snack bar, kids' club, free activities, 24/7 reception, secure car park and more. Open from March to November.

14 bis rue Henri Becquerel +33 (0)4 68 51 54 54 contact@hotels-rh.com www.roussillhotel.com

Résidence Horizon Golf **** Pierre et Vacances Premium

www.horizon-golf.com

Located in the heart of the Saint-Cyprien Golf Resort, this residence offers modern, fully-equipped flats (1- and 2-bedroom), for a stay inspired by calm and nature. Heated swimming pool, fitness room, La Table du Golf brasserie, 24/7 reception, secure car park and more. Rue Jouy d'Arnaud / +33 (0)4 68 37 63 63 contact@horizon-golf.com

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Holiday homes

Résidence Lagrange Vacances - Les jardins de Neptune***

Les Jardins de Neptune 350 m from the beach and port and close to the shops, this residence (pedestrianised and gated) is made up of 150 semi-detached houses and 23 apartments. It has been awarded the 'Accueil Vélo' label (an international label guaranteeing a high-quality welcome and services along cycle routes for touring cyclists).

Rue du docteur Schweitzer +33 (0)4 26 70 80 45 / +33 (0)4 68 37 65 00 service.client@groupe-lagrange.com www.vacances-lagrange.com

Résidence Les Bulles de Mer Pierre et Vacances

This family residence right by the water offers lagoon- or sea-view flats with direct access to the beach and all the services of a 4-star hotel: swimming pool, restaurant, spa, yoga classes and more. Open from April to October. 28 avenue Armand Lanoux – Les Capellans +33 (0)4 68 21 24 24 / contact@lesbullesdemer.com www.lesbullesdemer.com

Holiday village

Azureva Saint-Cyprien ***





Just 2 km from the beaches and seaside resort of Saint Cyprien, the 3-star Azureva offers comfortable, fullyequipped accommodation with private terraces opening onto a wooded park. Varied entertainment, heated swimming pool according to season, multi-sports pitch, kids' clubs, bar with terrace and more. The ideal place to immerse yourself in the gentle Catalan way of life.

960 Camí de la Mar / +33 (0)4 68 37 30 40 +33 (0)4 84 311 311 price of a local call saintcyprien@azureva-vacances.com





Home help

ABAD agency in Saint-Cyprien Plage

Give your loved ones the best possible support with the home-help service that specialises in supporting the elderly and disabled. Our agency focuses on the quality of its services, working closely with the entire care team to guarantee personalised support. With a local branch close to you, our team is here to meet your needs with professionalism and proximity. Opening hours Monday to Friday, 08:30 to 12:30 and 13:30 to 17:00.

+33 (0)7 45 19 73 26 - agence.stcyprien@abad.fr

Groceries

Carrefour City

Welcome to Carrefour City, your local shop near the port. Take advantage of a wide range of practical services: Nannybag, Too Good To Go, Relais Colis pick-up point, delivery service and drive through. A car park is available for your convenience. Come and discover a wide selection of local products in a practical and pleasant setting. Our team looks forward to seeing you.

Route cami de la Mar – 2070 cami de la Mar +33 (0)4 68 54 67 04

Electricians

Gobelec

Entrust your electrical and air-conditioning projects to the experts! Our electricity and air-conditioning company guarantees you safe, standard-compliant installations. Whether it's for residential or commercial work, we offer fast, reliable and personalised service. Call on Gobelec for all your lighting, wiring and compliance needs.

27 rue Arthur Honegger / +33 (0)7 81 37 92 24

27 Tue Artiful Floriegger 7 - 33

AD' ELEC

Electrical-breakdown assistance. New installations, renovations and upgrades. General and equipment electricity.

François-Xavier Hénaut – 27 rue Frédéric Saisset +33 (0)6 10 61 20 11 / fxhenaut@yahoo.fr

EBI Automatisme

General building and industrial electricity – Air conditioning. Éric Hernandez - 26 rue du Douy 66200 Latour-Bas-Elne / +33 (0)6 16 58 36 84

Traders' association

The Saint-Cyprien Traders and Craftsmen's Association

invites you to meet its traders and craftsmen and take advantage of their special offers, their favourites and, in certain cases, Click and Collect available online. To promote short supply chains, they now accept FEDEBON vouchers. No need to look anywhere else, you've got it all in Saint-Cyprien! More than 100 local shops at your service. Dynamic Saint-Cyprien.

Second-hand goods / Decoration

Arthebroc

Open all year round from Thursday to Sunday morning, in an unusual setting. With this real breath of nostalgia, you'll find antique crockery, furniture, vintage items, curiosities, rattan, baskets ... and so much more.

22 rue Victor Hugo / +33 (0)6 83 16 56 99 arthebroc@hotmail.com

Shoes / Clothing / Leather goods / Jewellery / Accessories Swimwear

AD SOL glasses and bags

Bags, jewellery, trendy accessories by French designers and quality sunglasses.

2 quai Arthur Rimbaud / +33 (0)4 68 88 49 54 www.sunkids.fr

IZA Boutique

Open all year round. Over 40 brands of shoes for men and women. Women's clothing (Molly Bracken, BSB, Lili Sidonio, Please, Timezone, Blabla, Osanna, L'été de Jeanne). Men's clothing (Benson and Cherry, Timezone, Waxx). Leather goods (Biba, Arthur and Aston) and accessories.

1 boulevard Maillol / +33 (0)4 68 21 24 51

Facebook : Iza Boutique - Instagram : izaboutique66

La Galiote

Open all year round. 20 swimwear brands. Personalised advice based on your body type.

Clothing for men, women and children. Oxbow, Hublot, Pain de Sucre, Lola and Espelata.

3 place Maillol -

Tel. +33 (0)4 68 07 28 43

Delicatessen / Fruit & vegetables / Local produce / Wines

Aux Cépages fleuris

Open all year round. July and August: 09:00 to 14:00 and 16:00 to 20:00 daily. Off-season: 10:00 to 12:30 and 17:00 to 19:00. Closed on Wednesdays and Sundays. From 1 May, open on Sunday mornings from 10:00 to 12:30. Sale of local wine in bulk and bottles. Sale of regional products. July and August every Thursday evening from 18:30 to 20:30: winegrowers' evenings, wine, oysters, cold meats and live music.

1 rue Mirabeau / +33 (0)4 68 21 37 15 / 06 13 66 18 86 auxcepagesfleuris66750@hotmail.com

Au Petit Bouchon - Wine cellar

Come and discover the world of a passionate wine merchant, with a wide selection of wines (from here and abroad), beers, champagnes and over 450 spirits from all over the world. The cellar is open all year round, Tuesday to Saturday 09:30am – 12:30/15:30–19:30, Sunday 09:30–12:30 and seven days a week in summer and at Christmas.

5 rue Jean Richepin / +33 (0)4 34 29 47 65 g.quinette@aupetitbouchon.net www.au-petit-bouchon.com

Domaine des Deux Blay

Winegrower – Cellar open all year round on Tuesdays, Thursdays and Saturdays from 09:00 to 12:00. In summer, every day from 09:00 to 12:00 and from 17:30 to 19:00. Closed on Sundays. Sale of bulk and bottled wine.

12 rue Alphonse Daudet / +33 (0)6 70 76 73 00

Jardin Catalan - Wine cellar

cblay@hotmail.fr

Open all year round, Monday to Saturday, 09:30 to 12:30 and 16:00 to 19:00; Sunday, 09:30 to 12:30. Over 1,000 varieties of wine in a 400 m2 shop, at producer prices. Regional products, olive oil, rousquilles, Catalan charcuterie and seasonal fruit from July to September.

2, rue Henri Becquerel - Zone technique du port +33 (0)4 68 21 36 64 - jardincatalan@orange.fr

Les Quatre saisons

Delicatessen: open all year round, Monday to Saturday, 08:30 to 12:30/16:00 to 19:00. (Sunday mornings in summer). Local fruit and vegetables are given pride of place to guarantee flavour, quality and freshness. Also on offer, you'll find a range of delicatessen products, ice-creams and home-made organic jams, cheeses, extra-fresh organic eggs, nitrite-free local charcuterie and Italian cured meats to go with a wide choice of wines.

5 rue Rodin - +33 (0)4 68 21 19 20

Beauty salon

Escale Beauté St Cyp (SOTHYS)

Salon open all year, with air-conditioning and car park. Waxing, facials and body treatments. Body modelling, exfoliation, and hand and foot treatments. Nail care (gel, semi-permanent varnish). Eyelash enhancement, eyelash and eyebrow tinting. Anti-ageing treatments (ADLift), LPG slimming treatments. Pulsed light.

Semi-permanent make-up. Sale of cosmetics.

Quartier Rodin 2 Bis Rue Eugène Delacroix Tél. +33 (0)4 68 39 60 18

Multi-service companies

Guo Services

A multi-service company, calling on a team of superheroes for odd jobs, small-scale gardening, window cleaning, cleaning and caretaking, and cleaning between lettings.

Opening hours: Monday to Friday, 09:00 to 17:00. Closed for lunch from 12:30 to 13:30. Open Saturdays in summer from 09:00 to 13:00.

+33 (0)6 07 83 58 59

agence.saintcyprien@guo-services.fr

Boat cleaning

Cosmetiboat

Interior and exterior cleaning of your boats all along the Côte Vermeille using waterless technology, free estimate with no obligation.

+33 (0)6 07 83 58 59 cote-vermeille@guo-services.fr www.cosmetiboat.fr

Opticians / Sunglasses

AD SOL Lunettes & Sacs

Since 2009, we've specialised in quality sunglasses from 50 leading brands: baby sunglasses, category-4 & water-sports polarised sunglasses, blue-light glasses, reading glasses, overglasses, cords, optical cleaning products & repair workshop. Bags, jewellery and accessories by trendy French designers. 2 quai Arthur Rimbaud / +33 (0)4 68 88 49 54 www.sunkids.fr

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Pharmacy

Pharmacie Santini

La pharmacie Santini, place Maillol, vous accueille toute l'année du lundi au samedi. Spécialités : herboristerie, aromathérapie, phytothérapie, micronutrition, homéopathie... Les plus grandes marques de parapharmacie : Avène, Caudalie, Lierac, Nuxe, La Roche-Posay... Multiples fonctionnalités de notre site & appli : envoi d'ordonnance, actualités, conseil santé, rdv avec un pharmacien, vaccination, démarche qualité... Cagnottez 5% avec la carte avantage Affinity Facebook & Instagram. La Pharmacie Santini, votre spécialiste santé et de vie moins chère!

Fishmongers

Saveurs des mers

Ouvert à l'année du mardi au samedi 8h30-12h30 et 15h30-19h. Dimanche 8h30-12h30.

Juillet et août du lundi au samedi : 8h30-12h45 et 16h-19h30, dimanche 8h30-12h45.

Arrivage journalier, plats cuisinés, plateaux de fruits de mer, crustacés de notre vivier.

Centre commercial de la Prade (proche magasin Lidl) Rond-point de la médaille militaire +33 (0)4 68 36 46 70

Facebook: Poissonnerie Saveurs des Mers

Dry cleaning / Linen hire

St-Cyp Pressing

Nettoyage de vetements - Service couture - Vente de lessives/assouplissants/détachants... Blanchisserie - Location de draps/serviettes/torchons/tapis de bain.
Location extracteur - Nettoyage tapis, cuir et peaux.

Repassage panière (à l'heure). Ouvert à l'année.

17 rue du Gargal - ZAE Las Hortes +33 (0)4 68 56 87 74 / stcyppressing@orange.fr

Producers

Can Bertrand

Agriculteurs de père en fils, depuis plus de 6 générations! Situés à Latour Bas Elne sur la traverse qui tombe sur le rond-point "d'Aqualand", Can Bertrand, spécialisé dans la culture de Fraises Gariguettes, propose aux particuliers le fruit de leur production: Fraises Gariguette et concombres. Mais surtout: la production des nombreux agriculteurs qui cultivent aux alentours! Leur étal est composé exclusivement de produits issus des Pyrénées Orientales! Fruits et légumes de saison, épicerie, jus de fruits de producteurs, vins, glaces, et laitages! Du circuit court sans intermédiaires, de l'ultra frais, et au juste prix!

Chemin de la mer, par le chemin de la Nagade +33 (0)7 78 88 03 00 / contact@canbertrand.com

Newsagents

Tabac du Port

Tabac du Port is open 7 days a week and offers the following products for sale: Tobacco – FDJ lottery tickets – Newspapers – Bookshop – E-cigarettes and liquids – Vapes and accessories – Cigars – Cigar humidors – CBD – Alcoholic and non-alcoholic drinks to take away – Postcards and cards – Stationery – Confectionery – Telephony – Souvenir gifts – Postage and revenue stamps. It also offers a range of services:

Local payment – Photocopying + emails – Relais Poste pick-up and drop-off point – Nickel payment service –

Coffee to go and watch-battery change.

Place Erik Satie - Résidence le Neptune

5 Boulevard Desnoyer / Tél. +33 (0)4 68 21 21 27 tabac.ora66@gmail.com

Blinds and joinery

Stores 66

Stores, bâches, volets roulants, etc. Menuiseries Alu/PVC. +33 (0)4 68 21 04 61 - stores66@orange.fr

Caterers

NOÏ traiteur

Ouvert à l'année! Vous êtes en quête de nouveautés? L'établissement saura vous séduire. Ouvrez-vous aux charmes de la cuisine gastronomique, aux saveurs vietnamiennes laotiennes et thaïlandaises. Cuisine 100 % faite maison. Les plats se mêlent de façon harmonieuse au gré de vos envies. Que ce soit pour un repas en famille, entre copains, un pique-nique plage, le traiteur Noï régale déjà de nombreux Cyprianais.

Pourquoi pas vous?

7 boulevard Desnoyer / +33 (0)6 35 30 66 20

Saveurs des mers

Ouvert à l'année! Du mardi au samedi 8h30-12h30 et 15h30-19h. Dimanche 8h30-12h30. Juillet et août : du lundi au samedi 8h30-12h45 et 16h-19h30, dimanche 8h30-12h45. Plats cuisinés (paëlla, fideuà, zarzuela, moules gratinées à l'aïoli, etc.), plateaux de fruits de mer.

Centre commercial de la Prade (proche magasin Lidl) Rond-point de la médaille militaire +33 (0)4 68 36 46 70

Facebook: Poissonnerie Saveurs des Mers

Acupuncture

Traditional Chinese medicine Zhen Jiu Chomicki Philippe Biopôle de la Prade

Avenue Léonard de Vinci, village +33 (0)6 23 12 62 35 zhenjiu@sfr.fr

Ambulances

Établissements Jalabert

4 Rue du Ponent ZAE Las Hortes, village +33 (0)4 68 21 04 47

Hearing-aid specialist

Hearing-aid specialist – Entendre Franck Marine

Biopôle de la Prade 1 Avenue Léonard de Vinci, village +33 (0)4 68 82 76 26

Hearing

Optique Lafayette et Audition

Free hearing test Ms Alice Rique La Prade shopping centre, Rond-Point de la Médaille Militaire +33 (0)4 68 87 53 82 optiquelafayette.saint.cyprien@gmail.

Wellness

Laurine Cramaille

2 Place Edward Heath, village Energy therapist/Medium +33 (0)6 78 14 30 44 laurine.cramaille@gmail.com https://laurinesoinsenergetiques.wordpress.

com/

Soizen

Brinné Cadenas. Massages and health check-ups based on Ayurveda (ancient Indian medicine), dietetics and Yogatherapy (individual yoga). 8 Rue Aristide Briand, village +33 (0)6 82 48 82 69 https://soizen.net/

Health

2L Coaching Santé Lecuyer Lydie

Specialising in support for the elderly and their carers. +33 (0)6 81 50 14 06

2lcoachingsante@gmail.com https://www.2lcoachingsante.com/

Nursing practices / nurses

Batailler Bérengère

8 bis Rue Victor Hugo, village Practises French sign language +33 (0)6 81 46 46 48

Beghelli-Barrio Marion

+33 (0)6 98 10 05 85

Peral Christelle

+33 (0)6 80 93 46 58 31 bis Avenue du Roussillon, village

Biopôle de la Prade surgery

Avenue Léonard de Vinci, village +33 (0)4 68 37 28 01

Marti Christine

+33 (0)6 10 29 06 66 christinemarti66@gmail.com

Reigner Estelle

+33 (0)6 95 98 29 01 esty_reg@hotmail.com

Thibault Benoist

+33 (0)6 66 56 56 60 thibault.idel@gmail.com

Tribout Christine

+33 (0)6 10 02 26 02 christine.tribout66@gmail.com

Cabinet de la plage Carminielli Amanda, Ciriani Emilie,

Lasserre Clara, Mellado Laura Résidence Hippocampe, 2 Boulevard Maillol, beach

+33 (0)6 09 20 40 88

Cabinet du port Sad-Saoud Soraya, Vaucelle Jérôme,

Résidence Port-Astoria, Rue Condorcet, beach

+33 (0)4 68 21 44 00

Cabinet du Village (AISC) Désiré Marielle, Dhelemme Aurélie, Fajula Corine, Julie Bachelet, Roig Mélanie

3 bis Rue Claire Duras, village +33 (0)4 68 21 06 01 +33 (0)6 73 82 25 60

Leclerc Chantal nursing practice, At Dr Rejmanowski's practice

Biopôle de la Prade Avenue Léonard de Vinci, village

+33 (0)6 84 31 22 99

Chartier Émilie

Paramedical centre
7 Boulevard François Desnoyer
+33 (0)6 41 71 45 26
indyasioux@hotmail.com

Coll Caroline

+33 (0)6 24 45 38 42

Pomedio Christophe

+33 (0)6 03 81 43 64 Résidence Mas de la Mer, Building B, 2 ter Rue Georges Delatour, beach +33 (0)4 68 82 30 89

Donfut Christophe

74 Avenue du Roussillon, village +33 (0)6 48 92 53 28

Gris Gaveaux Caroline Vincent Rull

10 Rue Condorcet

Home care or by appointment +33 (0)4 68 54 51 79

Ouvrard Dominique

Paramedical centre
7 Boulevard François Desnoyer
+33 (0)6 78 95 38 78

Quinger Émilie

+33 (0)6 16 35 48 87

Sarah Pajak

Biopole de la Prade Avenue Léonard de Vinci +33 (0)7 50 02 93 44

Torres Marie-José

74 Avenue du Roussillon, village +33 (0)6 18 13 19 70

Vila Charlotte

65 Avenue du Roussillon, village +33 (0)7 64 12 90 10

Dentists

Barboteu Marc and Darthou David

Résidence les Ondines, Place Maillol, beach +33 (0)4 68 21 24 74

Dionisio Andréa

Biopôle de la Prade Avenue Léonard de Vinci, village +33 (0)4 68 37 20 84 cabinetdentaireandreadionisio @gmail.com

Langeard Hervé

Résidence les Ondines, 1st floor, Place Maillol, beach +33 (0)4 68 21 97 17

Laruelle Jean-Philippe, Laruelle Véronique,

1 bis Rue du Gargal, village +33 (0)4 68 21 06 22

Dietician and nutritionist

Léa Hairion

+33 (0)6 82 09 50 61 hairionlea@gmail.com

TS Nutrition

4 Impasse Pierre Werner +33 (0)6 79 36 71 20

Paediatric occupational therapist

Aurélie Pochet

+33 (0)6 64 78 20 16 ergo.aurelie.pochet@gmail.com https://www.bulle-d-ot.fr Upon appointment

Floratherapy Onirotherapy

Céline de Saint-Félix +33 (0)6 61 93 41 94 celinedsf@gmail.com

Physiotherapists

Bardèche-Bartolini Cécile Physiotherapy Clinic +33 (0)6 81 89 83 40

Sempère Thomas

+33 (0)6 86 99 90 65

Camos Damien

+33 (0)7 81 75 80 71 Résidence Hippocampe, 2 Boulevard Maillol, beach +33 (0)4 68 21 03 21

Lelek Julia Physiotherapy Clinic

+33 (0)7 81 32 00 24

Trzonkowski Michel

+33 (0)6 52 87 03 83 Rond-Point de la Médaille Militaire, La Prade shopping centre, village +33 (0)4 68 21 10 23

Massage/physiotherapy clinic Treatment in the clinic or at home

Mr Fernandez Castane Joan +33 (0)7 69 34 08 12

Ms Bonillo Rocio Ana

+33 (0)7 83 48 00 77 70 Boulevard Desnoyer, North beach www.kinestcyplage.com

Masso-Théparie clinic: Chevalliez Céline, Garcia Quentin, Lepage Gaëtan, Mestres Bertrand, Rebner Sindy, Remy Emilie Biopôle de la Prade

Avenue Leonardo da Vinci, village

+33 (0)4 68 22 69 90

Physiotherapists at the Paramedical Centre: Gonzalez Rafael, Gonzalez Felix, Bastos Marta, Valdes Julien

7 Boulevard François Desnoyer +33 (0)4 68 37 77 51

Prévidi Emmanuel

77 Avenue du Roussillon, village +33 (0)4 68 98 02 38

Medical-analysis laboratoru

Laboratoire Inovie Médilab 66

Biopôle de la Prade Avenue Leonardo da Vinci, village +33 (0)4 68 82 63 80

Medical equipment

Établissements Jalabert St Cyp Médical (sales and rentals)

4 Rue du Ponent, ZAE Las Hortes, village +33 (0)4 68 21 04 47 info@jalabert.fr

General practitioners

Dr Barthélémy Patrick and Dr Danisevicius Thierry

69 Avenue du Roussillon, village By appointment only +33 (0)4 68 08 16 39

Dr Thierry Cavalière

Les Capellans shopping centre, 5 Avenue Armand Lanoux, beach +33 (0)4 68 37 09 34

Dr Luce Henri

+33 (0)4 68 21 13 63

Dr Luz Xavier

+33 (0)4 68 21 16 26 Résidence Hippocampe, 2 Boulevard Maillol, beach

Dr Adam Reimanowski

Biopôle de la Prade Avenue Leonardo da Vinci, village +33 (0)4 68 98 14 19

Dr Rosu Camélia

50 Avenue du Roussillon accueil@secretaire19.fr +33 (0)4 68 84 11 70

Dr Suenen Patrick

Résidence Port-Astoria No 2 and 3, L'Amiral terrace entrance, beach +33 (0)4 68 21 45 94 +33 (0)6 09 62 47 33

Opticions

PÔLE OPTICAL

Biopôle de la Prade Avenue Léonard de Vinci, village +33 (0)4 68 81 20 03 poleopticalsaintcyprien@yahoo.fr

Optique Lafayette et Audition Free eye check-up

La Prade shopping centre 4 Rond-Point de la Médaille Militaire Tel. +33 (0)4 68 87 53 82 optiquelafayette.saint.cyprien @gmail.com

Speech therapist

Angleys Yolande

2 Rue Vaugelas, village +33 (0)6 20 56 94 65

Mestres Valérie and Estelle Laird

Biopôle de la Prade Avenue Leonardo da Vinci, village +33 (0)4 68 95 12 20

Orthoptist

Planas Flavian

Avenue du Maréchal Leclerc. Rond-Point de la Médaille Militaire +33 (0)6 23 79 49 15

Qualified osteopaths

Beyron Alice (aquatic)

Biopôle de la Prade Avenue Leonardo da Vinci, village (English spoken) +33 (0)6 64 19 73 13

Calvet Pauline

Residence le Miramar 45 Rue Frédéric Saisset, beach Appointments can be made on Doctolib +33 (0)6 61 64 92 44

Roagna Nicolas, Carrière Julien

18 Rue du Gargal ZAE Las Hortes, village +33 (0)4 34 10 45 08

Verschaeve Patrick, DRASS approved

Place Erik Satie, at the port. At home +33 (0)6 61 78 55 70 patrick.verschaeve@orange.fr

Ostéopathes de la Plage

2 Rue Eugène Delacroix Marie Challancin

+33 (0)7 82 03 17 67

Benjamin Mileur

+33 (0)7 66 33 15 13

Chiropodist. **Podiatrist**

Gisclard Frédéric

Biopôle de la Prade Avenue Leonardo da Vinci, village +33 (0)4 68 37 00 21

Sere Camille

74 Avenue du Roussillon, village +33 (0)4 68 88 01 14 podostcyprien@gmail.com

Pharmacies

Pharmacie du Port

Place de Marbre Ouai Arthur Rimbaud, beach +33 (0)4 68 21 15 21 Fax number. +33 (0)4 68 37 20 18 pharmacieduport66750@gmail.com

Pharmacie du Village

52 bis Avenue du Roussillon, village Online doctor's surgery, home delivery +33 (0)4 68 21 04 35

Fax number. +33 (0)4 68 37 12 73

pharmacieroger@wanadoo.fr

Pharmacie Santini 3 Place Maillol, beach Online doctor's surgery, hire and sale of medical equipment, home delivery and click and collect (defibrillator + biowaste terminal).

+33 (0)4 68 21 02 50 Fax number. +33 (0)4 68 37 18 09 pharmaciesantini@orange.fr

On-call pharmacy 32 37

Psychologist. psychotherapist and relaxation therapist

Metrégiste Catherine

27 Rue Leconte de Lisle, beach +33 (0)4 68 21 59 09

Touron Véronique

5 Georges Feydeau, village +33 (0)6 81 41 99 72

Reflexologist, energy therapies

Béatrice Méric

6 Rue Abbé Prévost, beach +33 (0)6 15 11 65 06 https://www.reflexologieenergies.fr

Sophrologu

Barbat Isabelle

+33 (0)6 88 07 16 74

Guillerm Valérie

For children, adults and teenagers By appointment +33 (0)6 76 16 30 65 valeriesophro66@gmail.com

Loubet Anne-Sophie

+33 (0)7 45 04 11 19 as.loubet@gmail.com

Sophroconnect De Carvalho Mélanie

10 Rue Henry de Monfreid sophroconnectyou@gmail.com +33 (0)6 40 74 43 71 www.sophroconnect.com

Therapist

Centre d'Atencio La Rosella Bérengère Batailler

8 bis Ruerue Victor Hugo, village +33 (0)6 81 46 46 48

Marité Kurtz

12 Rue Louis Comes Lotissement les Massardes 1 +33 (0)6 13 42 21 42

Veterinaru

Dr Agneray Clinic

61 bis Avenue du Roussillon, village +33 (0)4 68 37 00 89

Useful numbers and public services

Useful numbers

• Appel d'urgence européen
• Poison control centre (Toulouse)+33 (0)5 61 77 74 47
• Perpignan Hospital, 20 av. Languedoc +33 (0)4 68 61 66 33
• SMIT (Infectious and Tropical Diseases Department) Consultations. +33 (0)4 68 61 76 46 Vaccinations. +33 (0)4 68 61 66 72
• On-call pharmacy
• Police emergency
• Ambulance
• Firefighters
• National police, avenue Leclerc +33 (0)4 68 21 00 19
• Nautical police, Halle à Marée no 2, quai A. Rimbaud+33 (0)4 68 37 78 40
• Municipal police - Reception, bd Desnoyer
• Municipal police (patrol) +33 (0)4 68 37 37 37
• Electrical breakdown service ENEDIS (formerly EDF) +33 (0)9 72 67 50 66
• GRDF gas-breakdown service (formerly GDF)+33 (0)8 00 47 33 33

Banks

Banque Popu	ılaire du Sud + ATM	
Résidence le	s Portes du Soleil,	
27 bd Desno	yer, plage +33 (0)4 68 08	95 95

- Caisse d'Épargne + ATM, av. du Roussillon, village +33 (0)4 30 19 94 10
- Crédit Agricole Sud Méditerranée + ATM
 53 av. du Roussillon, village . . +33 (0)4 68 88 88 88
- 15 bd Maillol, beach saint.cyprien@ca-sudmed.fr. +33 (0)4 68 88 88 88
- Distributeur seul quai Arthur Rimbaud, port
- Société Générale + ATM
 Place de Marbre, port...... +33 (0)4 68 37 44 40

Community centres and Nautical Institute

- Hervé Bazin community centre 41 av. du Roussillon, village
- Communal Social-Action Centre
 Town Hall, place François Desnoyer
 contact.ccas@stcyprien.fr. . . . +33 (0)4 68 37 68 16
- Mediterranean Nautical Institute, Halle à marée,
 Quai Arthur Rimbaud.......+33 (0)4 68 56 61 69



Catholic worship

Village church:

Rue Paul Eluard – Mass every Sunday at 11:00 Mass on Tuesdays, Thursdays and Fridays at 18:00 (July/August at 18:30).

Beach church:

Notre Dame de Lumière, Rue Antoine de Saint-Exupéry – Mass every Sunday at 09:30. Mass on Tuesdays and every Wednesday at 18:00.

Other masses, contact the parish:

11 rue Comtesse de Ségur saintcyprien66.blogspot.com **33 (0)6 13 03 87 68**

Tour of the village church: Rue Paul Eluard From July to mid-September. Every morning from Monday to Friday from 10:00 to 12:00

Schools/high schools/ nurseries

- Relais Petite enfance Espace François Nourissier, av. Maréchal Leclerc, village . . . +33 (0)6 63 37 43 29
- El Cant Dels Ocells childcare centre
 Av. du Maréchal Leclerc, village +33 (0)4 68 21 51 50
 +33 (0)6 13 07 80 76

- Private Catholic-school complex Saint-Pierre de la Mer (primary school to high school)
 Rue François Arago, village . . . +33 (0)4 68 37 74 30
- Alain primary school Rue Albert Camus, plage+33 (0)6 11 49 61 56+33 (0)4 68 21 08 09
- Desnoyer primary school 1 rue Jules Lemaître, village+33 (0)4 68 21 11 48
- Municipal music school,
 Rue Blaise Cendrars, village
 ecole.musique@stcyprien.fr . . +33 (0)6 34 69 51 75

Weather

• Departmental forecasts +33 (0)8 99 71 02 66
• Seaside forecast
Public services
Harbour Master's Office Quai de pêche professionnelle
Household waste recycling centre Route d'Alenya
• Saint-Cyprien Town Hall – Place Desnoyer, village +33 (0)4 68 37 68 00
• Town Hall annex – Boulevard F. Desnoyer, plage
 Maison des Associations (community centre) Bd F. Desnoyer, plage+33 (0)4 68 37 25 02
 Maison des Jeunes (youth centre) 39 Av. Roussillon, village +33 (0)7 60 14 75 62 +33 (0)4 68 37 09 16
• La Poste village post office – Rue Jules Lemaître (+ distributeur)
• La Poste beach post office – Rue François Porsche (+ distributeur)
• Presbytery – 10 rue Paul Eluard, village+33 (0)4 68 21 05 09
• Parish reception - 11 rue Comtesse de Ségur, village
• Génin-de-Règnes municipal hall Av. du Roussillon
• Pons municipal hall – Av. Desnoyer, plage
 Youth and Children's Activities Department 39 av. du Roussillon, village +33 (0)4 68 37 68 31
 Sud Roussillon (intercommunal council) 16 rue JJ. Tharaud, village+33 (0)4 68 37 30 60
• Port Technical Area - Rue Maurice Ravel+33 (0)4 68 37 00 72

36 Practical guide Practical guide

A day out - Pyrénées-Orientales

Wake up right by the sea, go hiking in the mountains, then come back for a swim on the beach and spend the evening in a lively club... For some people, it's a dream, but in Saint-Cyprien, it's a reality! Just an hour and a half from the mountains, less than an hour from idyllic inland destinations and 30 minutes from the Spanish border, Saint-Cyprien is the ideal destination for a varied holiday full of wonderful surprises!

Le Fenouillèdes

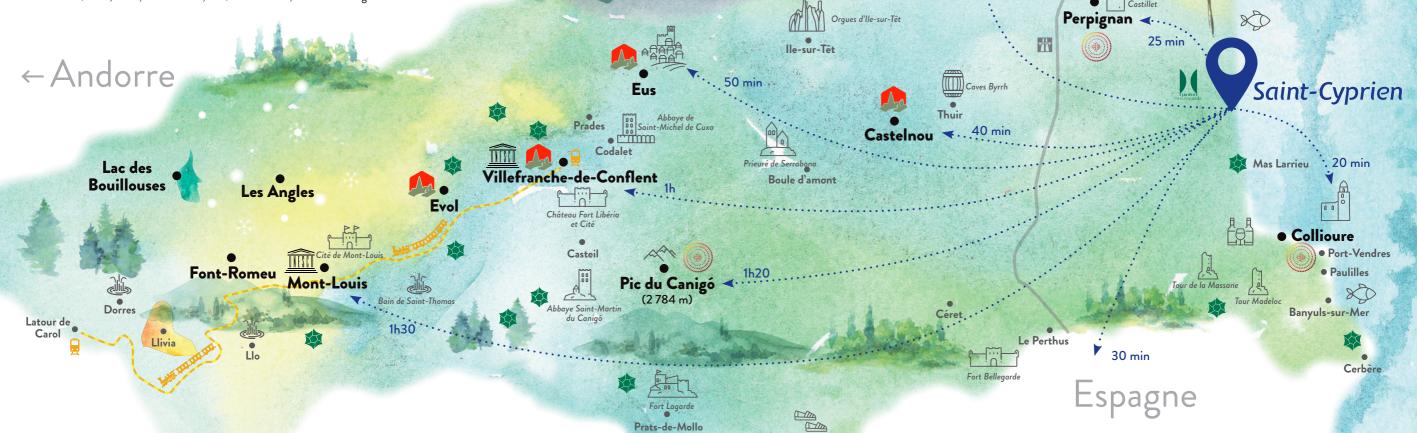
Located between the Corbières mountains and the Têt river basin, Fenouillèdes is home to some real tourist treasures. Natural, prehistoric, Gallo-Roman and medieval sites can all be enjoyed here, as well as a host of picturesque villages. Its wines are highly regarded.

Eus

A former defensive site in the Conflent region, Eus has been awarded the title of 'most beautiful village in France'. Its narrow, cobbled streets and terraces make this village a treasure trove of heritage and tourist delights.

Les Angles/Font Romeu

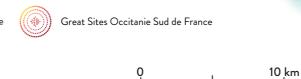
The resort villages of Les Angles and Font Romeu are outstanding countryside destinations and have spectacular panoramic views of the Pyrenean peaks, some of which (Carlit, Péric, Le Mamdres, etc.) are almost 3,000 metres high.



Saint-Paul-de-Fenouillet







Toulouse

The former mainland capital of the Kingdom of Majorca, Perpignan has a strong Catalan identity. The capital of the Pyrénées-Orientales, it is also the last major town before Spain.

Narbonne Montpellier

Salses-le-Château

000 00 00 00

Rivesaltes

40 min

Collioure

Saint-Laurent-de-Cerdans

Aude

Known as the 'pearl of the Côte Vermeille', this small, fortified town attracts tens of thousands of visitors every year. Nestling in a bay and built right down to the beach, it boasts a rich architectural and cultural heritage that has retained all its authenticity.

Barcelone

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